

The Journal of Sigma Phi Epsilon • Summer/Fall 2005

SigEp

MARSHALL LAPLANTE

Surf's Up

Making Sound Body Fun

Also in this issue:

Nationwide GPA Tops 3.0; First Time Ever

See story, page 17



Grand President James F. Robeson, Cincinnati '59, lives with his wife, Teddi, in Oxford, Ohio, where he was Dean of the School of Business Administration at Miami of Ohio University. Before being elected Grand President at the 2003 Grand Chapter Conclave, Brother Robeson served as the Grand Treasurer on the National Board of Directors for six years.

"People who view the world at 50 the same as they did at 20 have wasted 30 years of their life."

—Muhammed Ali

SigEp's Future—3.15 GPA and 20,000 Undergraduates

Dear Brothers and Friends of Sigma Phi Epsilon:

Over the last quarter century, Sigma Phi Epsilon rose as the leader among fraternities in America. We now boast the largest membership, highest grade point average, largest housing program, Ruck Leadership Institute, EDGE, Carlson Leadership Academies, and, with the support of our Educational Foundation, the only study abroad program—*Tragos Quest to Greece*.

Our current position of success should not be interpreted as boastful, but instead give perspective of challenges confronted and summits reached.

We Didn't Listen Then

In the early 1980s, fraternity rush was dominated by alcohol. SigEp shifted to emphasize recruiting quality men of high standards. Why focus on individual interaction when large, unruly parties were so easily getting results? Some boldly predicted abandoning traditional rush, our Fraternity would fail and die, unable to attract members. Sigma Phi Epsilon became the largest fraternity in the world and today the standard on virtually every campus is "recruitment," no longer "rush."

Then SigEp began to question "pledging." Embracing the Balanced Man Program, we moved to continual, four-year development throughout the college experience. Skeptics predicted dire results and demise. Our position as the leader only strengthened. Even more impressive, a recently published study of what *really* matters in college resoundingly supports the Balanced Man Program, "because the individual effort and involvement are the critical determinates of college impact. Institutions should focus on the ways they can shape their academic, interpersonal and co-curricular offerings to encourage student engagement."

Continuing to be Different

Entering our second century, SigEp began to aggressively stamp out the pejorative frat boy image as anti-intellectual by boldly setting the goal of a national member GPA of a 3.0. Would

collecting the GPA of all 14,000 undergraduates in 250-plus chapters produce results that would simply reinforce the negative perception? Four short years later, the only argument is that we may have set the bar too low.

Does surpassing 3.0 GPA, maintaining our position as the largest fraternity and effectively implementing a culture of Sound Mind and Sound Body assure future success? We certainly could remain the leader in Greek-letter organizations, but unless we position our organization as *the* value-added partner in higher education, we may become irrelevant.

Does focusing on Residential Learning Communities, Ruck Scholars and *Tragos Quest to Greece* distract from our ability to grow our membership? While one other national fraternity recruited more new members than we did this year, benchmarking new challenges cannot be measured by old peer comparisons. The fact is that Sigma Phi Epsilon retains more members than any fraternity. Simply put, it no longer matters how many men accept our bids for membership, we must count those willing to fulfill a lifetime responsibility of brotherhood.

Our new reality of answering the call to partner with higher education to impact undergraduate engagement leads me to envision a future with a higher GPA, many more undergraduates in our chapters and increased volunteer involvement.

I believe that when we reveal the potential of a young man to himself through academic and life success, our demand to him, his family and alma mater will not waiver. Is a fraternity with 20,000 undergraduate members all well inside the Wheelhouse (3.15 GPA) too bold a challenge to accomplish? Not if we base our success on our undergraduates, alumni and volunteers who have led us to the next summit in the past.

Fraternally,

Dr. James F. Robeson
Grand President

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Conclave Recap

The Journal will cover the highlights from the 49th Grand Chapter Conclave.

On the Cover



Frank H. Van Brussel, Loyola Marymount '06, surfs off of Malibu. He was photographed by famous extreme sports photographer Marshall LaPlante.

Get Published!

The Journal accepts submissions year-round. If you have news, letters or photos, please send them to: The Journal, P.O. Box 1901, Richmond, Virginia 23218 or journal@sigep.net.

Yale Chartering Keynote Holds Message for us All



Professor Hill

At the Yale University chartering banquet, the keynote was delivered by Professor Charles Hill. Professor Hill is a career minister in the U.S. Foreign Service and a research fellow at the Hoover Institution, a public policy research center at Stanford University. He was executive aide to former U.S. Secretary of State George P. Shultz (1985-1989) and served as special consultant on policy to the Secretary-General of the United Nations from 1992 to 1996. He is also diplomat in residence and lecturer in International Studies at Yale University.

He received an A.B. degree from Brown University in 1957, a J.D. degree from the University of Pennsylvania in 1960, and an M.A. degree in American studies from the University of Pennsylvania in 1961. Professor Hill is a member of the **Alpha Delta Phi Fraternity**.

His remarks tie the Fraternity's emphasis on the Balanced Man Ideal to the ancient Greek approach to life over 2,600 years ago.

Why ancient Greece? And why are Sigma Phi Epsilon and other fraternities in the American tradition called Greek? The answers are worth contemplating. I still have a small paperback book, a marvelous book by a great classical scholar, Edith Hamilton, entitled *The Greek Way*. The price on the cover is 35 cents. Inside the cover, I wrote my name, the Greek letters for my fraternity in college, and the year, 1954. Open the book anywhere and you can see why the ancient Greeks provide a model.

Edith Hamilton writes:

"The exercise of vital powers along lines of excellence in a life affording them scope—that is the Greek definition of happiness. Love of reason and love of life, delight in the use of the mind and of the body, distinguished the Greek way—that is the Greek ideal of the balanced life."

This is the Greek life that became the inspiration for the United States at its founding. The Federalist Papers are full of references that make it clear that the Founding Fathers consciously shaped the American political system with ancient Athens in mind.

But the American founders did not just copy the ancient Greeks. They saw that Greek democracy had been fatally flawed, that its excesses had led to the fall of the Athenian empire. John Adams put it bluntly—the ancient Greek democracy was unbalanced. So, although the United

States would revere the Athenians, it would not make their mistakes.

The Greek fraternity movement in America began in the 1830s. Inspired in part by the Greek war of independence from the Ottoman Turks in the 1820s, what was called Greek Revival architecture began to appear in the United States. You can see this Greek Revival architecture up on Hillhouse Avenue, and what may be the finest example of the Greek Revival in America, the old Skinner mansion, which today is the chief building of the Yale School of Management.

The Greek Revival came at a momentous time in American cultural and intellectual history. The Age of Enlightenment had arrived. A line was drawn across history. Before this time, you were fated to follow in your father's footsteps. If he was a farmer, you would be a farmer. If he lived in a village, you would live in a village. And if you went to college, you, like all other college students, would study to become a minister.

Now came a great change. For the college student would have to think and decide for yourself. Who are you? What will you do with your life endeavor?

Here the Greek fraternity became, in a way, indispensable. It provided a place where, within the confines of a shared commitment, one man would examine, explain, and justify himself to his brothers—who would be supportive, but

constructively critical too. So the Greek fraternity became a place where character was molded, and

character, as Emerson said, towers above, and leads, intellect.

And what is character? It is an achievement of the balanced life. Four parts to this have been discerned in the ideally balanced life of the ancient Greeks:

The heroic life of action and courage that we find in the epic poems of Homer.

The visionary life of creativity and insight that we find in the dramatically spiritual plays of Sophocles and Aeschylus.

The historical life, the life that is both understanding of, and lived in, history. Awareness of the ideas by which the political life of today came into being. Herodotus and Thucydides are the examples.

And the rational life, of reason, fact, practice, service, science, and justice. Plato, Socrates and Aristotle live today in this regard.

The basis of Athenian democracy was the conviction that each man can be depended upon to do his duty and to use good sense in doing it. Trust the individual was the avowed doctrine in ancient Athens. This was possible because of the balanced life: heroic, visionary, rational, with an understanding of history.

"Man is the measure of all things," wrote Protagoras.

"Know Thyself" was the inscription at Delphi.

"Moderation in all things" (or "nothing in excess") said Thales.

And Pericles, in his great oration, said, "We impose upon ourselves the restraint of the reverence."

On this basis the return of the Greek fraternity in its most responsible form, that is, of Sigma Phi Epsilon, can mark a turning point here at Yale and for the nation and our nation's life and work at this momentous time in world history. I heartily congratulate you on this happy occasion.

Letters to the Editor

COMMENTARY FROM YOUR BROTHERS

An Issue with “Our Very Own Frat Boys”

I was very disheartened to read about the North Carolina-Wilmington closure in your Spring Edition.

My son, Jason, was a recently graduated member of that Fraternity (2004). My father, Jason's grandfather, and I are also University of Virginia Sigma Phi Epsilons.

We have been quite proud of our legacy and all feel gratitude for the experiences we had with the Fraternity.

However, we all feel that you did a disservice to many of the brothers at Wilmington by lumping them in with the “Our Very Own Frat Boys” column. Specifically, I was personally involved with your regional representative during the time my son was in school, and feel strongly that he came in with a preconceived notion of what he was going to do. I even offered my assistance to help in the manpower improvement process.

UNCW has not been very supportive of the Greek system in recent years, as can be evidenced by their refusal to allow fraternity houses. Given that, there should have been a concerted effort on the part of the alumni in the area and your leadership team to put political pressure on the faculty reps. This was not done. How come we did not read about all the community service activities that my son and his brothers were involved with? Why did we not hear about how they won the all-campus athletic competition?

I realize that GPA is important and that some of the recent members may not have been the best scholars. But during the times that I spent with the boys in Wilmington, I could not have been prouder to be a parent and fellow brother. They were and continue to be outstanding representatives of SPE and UNCW.

Help should have been more intensive and visible when the warning signs were there several years ago, especially in regard to manpower issues.

We feel that you owe those boys an apology rather than “blaming the victim.”

**Jeff Maidment,
Virginia '77**

Editor: Chapters that do not achieve the minimum standards are given opportunities to improve by the Headquarters staff. Alumni are notified when a chapter does not meet the standards and asked to assist in improving. In the instance of North Carolina Rho, the chapter was not willing to improve after several attempts to assist it. It requires more than good intentions to correct a chapter that accepts mediocrity. It requires action. Pressuring the university to help a Sigma Phi Epsilon chapter maintain its minimum standards does not help a chapter to thrive. While the Frat Boys department highlights behavioral issues of our chapters, the decision to not meet the minimum standards for two consecutive terms constitutes its own form of Frat Boy behavior.

Illinois SigEps Play Host to ESPN.com Columnist

Fans of ESPN.com's second page are familiar with Jim Caple's work. During the NCAA Tournament, he arrived in Champaign-Urbana, home to the University of Illinois, and spent a few days with the men of the Illinois Alpha Chapter. He posted several stories to ESPN.com, and a picture of him with our chapter even wound up on the home page for part of his first day. What follows are some of his thoughts on SigEp:

“...the fine lads of Sigma Phi Epsilon are great guys, the absolute salt of the earth, the type of young men you would be happy to share a foxhole with, permit your daughter to marry or elect to Congress.

“The Sigma Phi Epsilon Fraternity at the University of Illinois has a “balanced men” program, which is a very reasonable policy that treats all members equally. There is no pledging and no hazing...I've been told that Illinois has the country's largest fraternity system, almost as many times as I've been told that the Illini are going to win the Final Four.

“The SigEps have been exceptional hosts, and if I had joined a fraternity, this is the sort that would have appealed to me. I'm told it used to be a more stereotypical frat...until [the school] revoked the charter for a couple of years in the '90s. Now they have a different focus and a better approach, and they've come back so strong that the membership is to nearly 130. Illinois coach Bruce Weber even taped his coach's show from here a couple weeks ago. As I said, there are no hazing or pledging rituals—it's just a place that offers some guys a sense of community. They are good students, and dedicated enough to community work that a dozen or so members will spend their spring break in South Dakota building an internet café on a Native American Reservation.”

Visit <http://sports.espn.go.com/espn/page2/story?page=caple/050316a> to view Caple's posts. Look for coverage of the Illinois Alpha Chapter's spring break in a future issue of *The Journal*.

Correction:

In the last issue we accidentally listed Brother Gary R. Christensen, Nebraska '61, as deceased. He is alive and well.

**“Heaven
never helps
the men who
will not act.”**

—Sophocles

Red Door Notes

CHAPTER HOUSE PROFILES



The tradition of the red door on Sigma Phi Epsilon chapter houses began on the campus of Syracuse University, New York Alpha in 1928. Today, nearly every Sigma Phi Epsilon chapter home has a red door to welcome SigEp brothers. The original house and red door is pictured to the right. This building is now the International Students Center, and Sigma Phi Epsilon has another magnificent home for its red door.



Pennsylvania Kappa chapter house

Pennsylvania Kappa — Bucknell

■ Owned by the university, this 23-man house was originally built in 1964, with an expansion to increase capacity in 1979. This home is the fourth for the chapter since originally chartered in 1938.

■ The downstairs is equipped with a full-sized kitchen and multi-purpose room, where breakfast, lunch, and dinner are served daily.

■ In Spring, 2005, Direct TV was wired to most rooms, and in Fall, 2005, a new HDTV and pool table will be added to the main living room. This August, a kitchen renovation is planned to replace all countertops, drawers, shelves, and cooking equipment, and to refinish the walls and floors.



Pennsylvania Kappa common room

Maryland Beta — Maryland

■ Built in 1953 and renovated in 1998, the chapter house is one of 14 similar fraternity and sorority houses on campus leased to alumni corporations. Common areas are substance-free, and living areas are tobacco-free.

■ There is a Board Room with seating for 10-15 people. It is one of the finest meeting rooms on the UMCP campus, available to the Office of Fraternity and Sorority Life for use, as well as other area chapters for officer and Alumni and Volunteer Corporation (AVC) retreats. The chapter uses this room for executive and committee meetings, AVC meetings, Balanced Man Program Challenge meetings, and as an additional study room.

■ The facility holds 31 men and features an apartment for the university resident director. A two-man bedroom on the first floor has been converted to a study with two computer workstations, where brothers who do not live in the house can study between classes. The AVC is proud to be providing the best academic living environment available on campus.



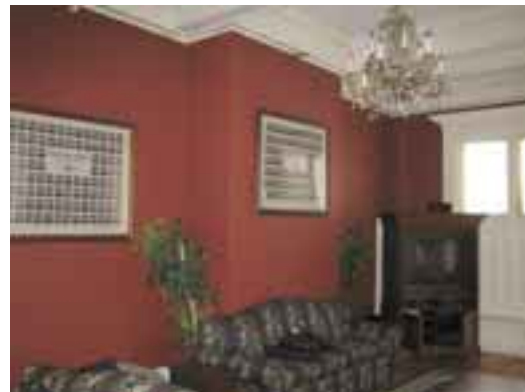
Maryland Beta chapter house



Georgia Delta chapter house

Georgia Delta — Georgia A Residential Learning Community

- This three-story chapter house was built in the late 1890s and sleeps 34 brothers. It is hardwired with Internet access and has an office for the Faculty Fellow.
- Brothers sign a 12-month lease to live in the facility. In 2004, the Alumni and Volunteer Corporation (AVC) completed renovations to include an interior fire sprinkler system. In the future, front column repairs are planned.



Newly refurbished common room

Michigan Alpha — Michigan

■ Beginning in 2004, the chapter moved into this recently renovated 37-man facility. Formerly the home of the Sigma Chi Fraternity, the facility is in a highly visible location, adjacent to the Student Union and two freshman residence halls. The house is over 100-years-old and is on lease to SigEp for four years.

■ The interior includes a weight room, chapter room and study, fully equipped kitchen, Ethernet and cable wiring, and a fire suppression system. The facility is tobacco-free.

■ Members sign an eight-month lease for the academic year and can sign an additional lease for summer months. Long term, the Alumni and Volunteer Corporation (AVC) is seeking a permanent home for SigEp in the Ann Arbor housing market.



Michigan Alpha chapter house



Michigan Alpha common room

The Red Door Returns to Syracuse

BY E. SCOTT THOMPSON, II,
Southern Mississippi '99

Ask any SigEp where the tradition of the red door began, and he will answer, "New York Alpha, Syracuse." Indeed, the birthplace of the red door and SigEp's 18th chartered chapter make this re-chartering a special event for the Fraternity. Over 200 guests attended the banquet on February 12, 2005, to celebrate the accomplishments of the chapter. It was a day long in the making.

Chapter and Its History

Originally chartered on December 21, 1905, New York Alpha was one of SigEp's beacon chapters for many years. Home to one Past Grand President, two Sigma Phi Epsilon Citation winners, plus two recipients of the Order of the Golden Heart, Syracuse established a track record of producing some of the Fraternity's finest alumni. In 1985 and 1987 the chapter won back-to-back Buchanan Cups.

In 1995, the chapter closed due to hazing, and the initial re-colonization began in 1998. It was not an easy road for the new group. A membership review was held in the Fall of 2000, leaving three members to rebuild. In 2003, another membership review was held, and this time seven members were removed. One of the most difficult challenges a chapter faces is when a brother does not uphold

the standards of Sigma Phi Epsilon. The Syracuse Sigma Epsilon Chapter had to make tough decisions early in its incep-

tion, ones that made it painful in the beginning, yet stronger in the long run.

Today, the chapter has rebounded and continues to push forward. This year the chapter recruited close to 30 men and has been recognized by Syracuse University as a model chapter for the rest of the Greek system.

Living the Balanced Man Ideal

Each week the chapter has a gym night where the brothers work out at the student recreation center. One of the rooms in the chapter house is home to workout equipment—treadmill, bench press, and curling bar. For Sound Mind, there is a library with computers for the brothers to study, and Faculty Fellow Michael Wunderlich awards two book scholarships each semester to the brothers who exemplify Sound Mind.

Volunteer Support

Syracuse, New York, is very much a college town, and, as such, most alumni of the school move away upon graduation. SigEp is fortunate to have the assistance of **Doug Martin, Syracuse '75**, as Treasurer for the Alumni and Volunteer Corporation (AVC), and **Michael Wunderlich, Syracuse '04**, as the Faculty Fellow.

The Chapter House

New York Alpha's original chapter house is owned by the university and is home to the International Students Center (ISC). The chapter is housed in a 10,000 square foot facility with a capacity of 44 located near the ISC. There is a special room on the top floor where formal meetings are held, and the Ritual is performed. It is one of two dedicated



Grand President Robeson with the New York Alpha Chapter's executive board.

Ritual rooms in the country. The other is located in the SigEp chapter house at the University of Wyoming.

Campus Environment



New York Alpha's chapter house

Syracuse is home to more than 18,000 students, making it one of the largest private institutions in the country. It was founded in 1870 and offered programs in physical sciences and modern languages. Today there is a visual and performing arts school, law school and one of the leading communications schools in the country. There are 24 fraternities and 19 sororities.

BY THE NUMBERS

Originally Founded: **1905**

GPA: **3.2**

Total Life Members: **1,668**

Current Undergraduate Membership: **56**



Chapter President Andrew Cheston, '07 with the new President's Badge, a gift from the other chapters in New York.

On April 9, 2005...

John Carroll is 20th Chartered Chapter in Ohio

BY CHRIS SWARTZ, '05

Ohio Upsilon is a chapter that has defined excellence in its short history and has kept the spirit of the Balanced Man Ideal thriving on the campus of John Carroll University. Since its chartering banquet in April, the men of this chapter have seen their overall GPA rise to 3.01, the highest among the fraternities at JCU. In addition, these men regularly compete and succeed in sports, intramurals, and all-Greek competitions. Clearly, the men of the Ohio Upsilon Chapter are proud to be SigEps, and the rich tradition they have established over the past five years is a reflection of this.

Chapter and Its History

The Ohio Upsilon Chapter originally began as the local fraternity Alpha Rho Omega in 1996. At a time when all of John Carroll's fraternities were local, the men of Alpha Rho Omega stood out as leaders, athletes, and brothers. After five years, this local fraternity became the John Carroll University Sigma Epsilon Chapter. As SigEp, the chapter won the annual Greek Week competition five times in a row. This period was not without its troubles, however. At one time, the chapter saw its manpower drop to 14 members, and the chapter faced a real danger of failing. With a strong recruitment effort three semesters in a row, the

chapter is now at 48 members and is one of the strongest fraternities on campus.

Living the Balanced Man Ideal

As with every SigEp chapter, Ohio Upsilon has remained committed to the Balanced Man Ideal. Believing in the Sound Mind, the men of SigEp have managed to raise their chapter GPA to one of the highest on campus. This overall GPA includes members who have GPAs near 3.8 and 3.9. Furthermore, the Ohio Upsilon Chapter boasts winning varsity athletes on the swimming and diving teams, track team, and wrestling team. Also, several members take part in club volleyball and have had great success as a team. SigEp also takes part in serving its community. Members volunteer at the Ronald McDonald House, raise money for YouthAIDS, and landscape in underprivileged areas. In addition, the chapter has members who are presidents in at least five other campus organizations. These include the presidents of the Ski and Snowboard Team, Finance Association, and campus radio station WJCU.

Volunteer Support

The Ohio Upsilon Chapter benefits from the continued participation of its alumni and volunteers. These alumni and volunteer members include Alumni and Volunteer Corporation President **Horace "Trey" Johnson, III '03**, Treas-

A shot of the banquet setup in the middle of the "old arcade" at the Cleveland Hyatt Regency Hotel, one of Cleveland's finest and most historic hotels.



The Ohio Upsilon Chapter and many of its most recent alumni

urer **Ryan Uhde, Baldwin-Wallace '99**, Chapter Counselor **Raymond Bolger '03**, Balanced Man Steward **Nicholas Babik '03**, and Faculty Advisor Dan Bizga.

Campus Environment

John Carroll University has fostered the growth and development of fraternal life, especially that of SigEp. Founded in 1886 as St. Ignatius College in Cleveland by the Society of Jesus, the college was renamed in 1923 and moved in 1935 to University Heights, Ohio. In its commitment to develop "men and women for others," JCU instills the ideals of service and leadership into its students. These ideals fit together quite nicely with the Balanced Man Ideal of SigEp. Currently, 3,500 undergraduate students attend JCU, and 38 percent reside in the state of Ohio. The remaining 35 percent hail from 38 states.

BY THE NUMBERS

GPA: **3.01**

Varsity Athletes: **Swimming, Diving, Track and Wrestling**

Club Athletes: **Volleyball**

Total Life Members: **99**

Current Undergraduate Membership: **48**



64 Men Bring SigEp to Yale

November of 2002 marked the establishment of SigEp's chapter at Yale University. It is our first time on campus in our 104-year history. Fraternities are not recognized by the school, and, as such, they have become a social outlet for college students. Today, SigEp is the second-largest fraternity on campus and has changed the perception of what is possible for Greek life in New Haven, Connecticut. With the Balanced Man Ideal, SigEp provides a positive experience attracting the best students at a great institution.

Yale & Its Residential Colleges

Yale University was the third institution of higher learning in the United States behind Harvard University and the College of William & Mary. Yale was founded in 1701 as the Collegiate School in the home of Abraham Pierson, its first rector, in Killingworth, Connecticut. In 1716, the school moved to New Haven and, with a generous gift by Elihu Yale, was renamed Yale College in 1718. In 1887, Yale College became Yale University. Today, there are more than 11,000 students (approximately 5,200 are undergraduates) at Yale, and its endowment is \$11 billion, the second largest in the country.

Yale University is organized into 12 individual residential colleges, modeled after the Oxford residential college system. Upon matriculation, undergraduates are randomly assigned to one of the 12 colleges. The colleges are not organized or differentiated by field of study or common interest. They promote the diversity of the undergraduate career as students are able to meet people from all walks of life and from all points of the globe.

While undergraduates feel a certain loyalty to his or her college, the colleges do not preclude the interaction of students between colleges. The Residential

College is a central meeting place and mandatory housing for sophomores. Each college has its own Master and Dean, senior faculty members who become acquainted and quite friendly with the students in order to help them in case of personal or academic trouble. Each college has its own dining hall, common area and recreational facilities including workout spaces, basketball courts, dark rooms, and even a rock climbing wall.

Living the Balanced Man Ideal

Sound Mind and Sound Body programming is organized by the Vice President of Development. Past Sound Mind events have been inter-religious discussions including brothers of the Jewish, Muslim, Christian and Buddhist faiths. The chapter has organized a tour at the Yale University Art Gallery with the ladies of Kappa Alpha Theta.

SigEp organizes athletic competitions with chapter members, including Ultimate Frisbee matches, Slam Dunk contests, and team workout programs. Connecticut Delta is proud of its varsity scholar athletes, boasting 15 men in seven different sports (basketball, crew, fencing, football, sailing, squash and swimming).

There is no shortage of on-campus involvement either with brothers involved in Yale Political Union (president), *The Politic* (editor), Yale Black Student Alliance, Yale Freshman Outdoor Orientation (trip leader), *Yale Daily News* (sports editor), Duke's Men A capella Group (singer), and Rhythmic Blue Hip-Hop Dance Group.

Volunteer Support

The Alumni and Volunteer Corporation (AVC) is comprised of at least 10 engaged permanent members from a va-



Brothers gather for a picture with the charter.

riety of different SigEp chapters. Serving as AVC President is **Daniel Kraninger, Villanova '93**; AVC Treasurer is **Russ Stidolph, Dartmouth '97**; Chapter Counselor is **Carl Sharon, MIT '76**; other members of the AVC include **Conrad Eberstein, Penn '65**; Past Grand President and Order of the Golden Heart Recipient **William G. Tragos, Washington U. in St. Louis '57**; **Bill Wivell, UConn '85**; **Scott Sadowski, U. of Miami '04**; **David Spence, UMass '97**; Russ House, and Doug Berv, who is the father of current chapter president, **David Berv '06**.

Chapter House

Located at 28 Lynwood Place is a ten-bedroom, three-story facility which SigEp calls home. Students are required to live on campus until their junior year, and only 30 percent of the upperclassmen move off-campus. The chapter will lease the property until the end of 2005, and its AVC is exploring options of securing permanent housing. Once a permanent location is acquired, the chapter will move forward with its plan to be an accredited Sigma Phi Epsilon Residential Learning Community.

BY THE NUMBERS

GPA: **3.57 (Spring, 2004)**

Varsity Athletes: **Basketball, Crew, Fencing, Football, Sailing, Squash and Swimming**

Total Life Members: **81**

Current Undergraduate Membership: **64**

University of Delaware SEC becomes Delaware Alpha

BY JUSTIN ROWLEY,
Delaware '06

Founding

In the Spring of 2004, **Ryan Jacobsen, U. of San Diego '00**, **Dennis Kaps, Ohio State '03**, and **Greg Barra, Texas-Austin '03**, went to the University of Delaware with the goal of recruiting men to re-charter and open a new page in Sigma Phi Epsilon history. Since that fateful spring, the Delaware Alpha Chapter has grown to a chapter of 69 men, leading the campus in manpower and GPA, all under the ideal of the Balanced Man. It was from these ideals that SigEp gained its charter after just one year on campus, and in that same year was awarded the University of Delaware's "Yoo-Dee" leadership award for Best Overall Greek Accomplishment on campus.

History

Sigma Phi Epsilon has had a long and storied history at the University of Delaware, gaining its initial charter on April 29, 1907, and becoming the 23rd SigEp chapter in the nation. The chapter went dormant during World War II and returned in 1945. In 1981 the chapter had its charter removed by the National Board of Directors due to hazing and rechartered in 1985. In 2002 the chapter had its charter removed for risk management violations and SigEp returned in 2004. Past Grand President **William M. Francis, 1907**, and 2003 NFL MVP **Rich Gannon, '87**, are among the 1,800 proud alumni of the chapter. Initially recruiting over 20 men, our brotherhood featured the 250,000th lifetime Brother, **Andrew Nigro '05**.

Housing

SigEp is currently focusing time and energy into obtaining a campus home. Tentative plans are to join a new Greek community on the northern Laird Campus, which will break ground in the

Summer of 2006 and be ready to move into during August of 2007. The facility would allow for over 15 brothers to live together, as well as house a member of the faculty. This would enable the men to hold academic, social, and recruiting events throughout the year.

Life as Balanced Men

Throughout the past three semesters, the Delaware Alpha Chapter has grown from a group of strangers into a family of brothers. SigEp took a brotherhood trip to Jim Thorpe, Pennsylvania, for an eight-hour day of paintball. We also have the "Balanced Man of the Week" awarded each Sunday at our chapter meeting to the brother(s) who best exemplify the ideals of SigEp. All this led to SigEp being awarded the Best Overall Accomplishment Award for a Greek Organization, the award for Best Fraternity GPA with a 3.211, and a perfect score on the University of Delaware's Chapter Assessment Program (CAP), the first in the school's history.

Volunteer Support

All of this could not have been accomplished on our own. For the past three semesters, we have been under the guidance of Chapter Counselor **A. Ward Jones, '01**, and Alumni and Volunteer Corporation (AVC) President **Kevin L. Howard, '90**. Both have been mentors, friends, motivators, and the constant image of what it means to be a SigEp for life. Other members of our AVC are **Gregg D. Miller, '87**, and Balanced Man Steward **Gerald A. Shell, '89**.

Banquet

Upon being voted into Delaware's IFC and with approval from the National Board of Directors, the Delaware Alpha Chapter held its chartering banquet on May 7, 2005, at the Wyndham Philadelphia at Franklin Plaza. The black tie event had over 300 guests in attendance—



Chapter President Justin Rowley, '06, and Vice President of Communications G. Dan Saad, '08, with the Charter.

brothers and dates, families, alumni, SigEps from area universities, and distinguished members from Headquarters. The event was a huge success and the perfect way to end the semester. We honored the seniors who not only helped start SigEp again but led us to where we are now. We are all looking forward to a fantastic return to campus in the fall.

A Brief Description of the University of Delaware

The University of Delaware was started in 1743 in the home of Francis Allison, located in Chester County, Pennsylvania. The school's location changed several times before residing permanently in Newark, Delaware. The name for the school also changed many times before becoming the University of Delaware in 1921. Since then, the school has flourished and become one of the most distinguished in the nation.

The University of Delaware has 60 residence halls and two on-campus apartment complexes housing approximately 7,980 of the 15,808 students, with the remainder of students either commuting or living in the other 20 plus off-campus apartment complexes or houses.

There are currently 9,011 women and 6,797 men enrolled at the University of Delaware. Approximately 3,400 of the male students live on campus, and 60 percent of the men are from out of state. The freshman class is made up of 3,384 students.

BY THE NUMBERS

Originally Founded: **1907**
GPA: **3.15** (fall 2004)
Total Life Members: **1876**
Current Undergraduate Membership: **65**

Coach Keady Retires at Purdue, SigEp on OK State's Sweet 16 Team, and the SEC MVP at Florida help make this a Banner Year for SigEp Scholar Athletes

BY JAY LANGHAMMER

Basketball

Purdue head coach Gene Keady, **Kansas State '58**, retired after 25 seasons, six Big Ten titles and 17 NCAA tournament appearances. During the Final Four, he was honored by the U.S. Basketball Writers of America. Gene finished his stellar career with a 550-289 record. A key player for Purdue was forward Matt Kiefer '07, who was third in rebounding (127, 4.9 per game) and scored 235 points (9.0 per game). His top game was 21 points and eight rebounds versus Michigan. Teammate Chris Hartley '06, played 18 games and had 24 assists. Guard Joel Evans '07, was a member of the 26-7 **Oklahoma State** NCAA Sweet 16 squad and guard Adam Picow '08, saw action for the 24-7 **Central Florida** NCAA tournament team.

Earning All-MIAA honorable mention for **Truman State** was guard Chip Sodemann, '05. He led in scoring (344 points, 12.7), minutes (964), assists (76), three-point goals (56) and free throws (88.1%). Center Clayton Moores '07, was a key player for 16-12 **Colorado Mines**, ranking third in blocked shots (20) and grabbing 100 rebounds (3.8). His top two games were 25 points against Lincoln and 21 points versus Pittsburg State. Playing for 18-11 **Barton** was center Phillip Roberts '05, while **Davis & Elkins** transfer Matt Towell '06, was in 19 contests at forward for Virginia Wesleyan. Forward Brian Fitzgerald '06, of 16-10 **Tufts** grabbed 91 rebounds (4.0) and shot 90.9% (20 of 22) at the line.

Two SigEp starters were key players for **Ohio Wesleyan**. All-NCAC honorable mention guard Bryan King '06, led in minutes (786) and three-pointers (63) while ranking second in scoring (263 points, 10.1). He hit a career best 26 points versus Allegheny. Teammate Ted Uritus '07 scored 235 points (9.0) and pulled down 101 rebounds (3.9). He ranked second in minutes (752), assists (62) and steals (28). Guard Richard Mullen '06 of **Case Western Reserve** led with 46 three-



Purdue head coach Gene Keady, Kansas State '58



Chris Hartley, Purdue '06



Matt Kiefer, Purdue '07

pointers and scored 184 points (7.4). **Baker** center Aaron Toren '08, led in FG shooting (52.6%); ranked second in rebounds (122, 3.9) and blocked shots (11); and scored 198 points (6.4). Teammate Matt Mills '08, scored 112 points (3.7).

Adam Picow, Central Florida '08



William Schilling, Bucknell '06



*Matt Dorsch,
John Carroll '05*



Adam Freeman, Bucknell '05

Swimming

Winning the 200 butterfly (1:46.61) and 200 IM (1:49.71) at the Mountain West Conference meet was Cody Rempfer '06, of **Utah**, who also was second in the 400 IM. Adam Freeman '05, was named Outstanding Male Diver at **Bucknell** and was on the All-Patriot League second team after placing second (one meter) and fourth (three meters). He was named Patriot League Scholar-Athlete of the Year for the second time and competed at the NCAA Zone A diving meet. Teammate William Schilling '06, also won All-Patriot second team honors after placing third in the 100 and 200 breaststroke events. Ryan Fisher '06, competed in seven events for Bucknell.

At the Atlantic-10 meet, Sean Flaherty '07, of **George Washington** placed second

in the 1,650 freestyle (15:54.89), third with the 800 freestyle relay and fourth with the 400 freestyle relay. Kieran Locke '06, of **Yale** was co-winner of the team's Livingston Mayer Award after placing third with the 800 freestyle relay, seventh with the 400 freestyle relay and ninth in the 100 backstroke at the EISL meet. Teammate Morgan Locke '08, was also on the seventh place 400 freestyle relay. Steven Sash '07, and Tim Sievers '08, swam at the Conference-USA meet for **St. Louis**. Other Division I competitors were co-captain Foster Mathews '05, of **Davidson**, diver Aaron Farber '05, of **Columbia**, freestyler Dan Shanahan '05, of **Maine** and the **Valparaiso** duo of Mike Stachniak '07, and Keith Aumend '07.

The **John Carroll** squad featured seven SigEps, led by Matt Dorsch '05, who was OAC Tri-Swimmer of the Year and went to the Division III championships. He won three OAC races (200 freestyle, 200 backstroke, 500 freestyle) and was on two winning relays. Also gaining All-OAC honors were Ben White '07 (first place 100 butterfly and 200 freestyle relay); Josh Brabbins '08 (two winning relays); and Kevin Draper '06 (winning 800 freestyle relay, second in 200 butterfly, third in 100 butterfly). Other contributors at John Carroll were Nick Reif '07, Tom O'Flaherty '07, and Erik Fink '08.

Winning All-American honors again at the NAIA meet was Ryan Feuerstein '07, of **Illinois Tech**, who was second in the 200 butterfly and set new school marks in the 500 and 1,650 freestyle events. Also competing for IIT was Andrew Peck '06. Four SigEps led **Westminster** to the PAC title. Seth Senior '08, won the 1,650 freestyle, placed second in the 1,000 freestyle and was sixth in the 500 freestyle. Shaun McNamara '07, was on the winning 200 freestyle relay and second place 200 medley relay while also finishing fifth in the 200 backstroke and seventh in the 50 freestyle. Nick Keagle '05, was on the second place 400 medley relay, placed third in the 100 breaststroke and fifth in the 200 IM.

Competing at the OAC meet for **Baldwin-Wallace** were Jake Saul '08 (fifth in the 1,650 freestyle), Dan DiCicco '08 (ninth in the 200 backstroke) and Bill Lampe '06 (11th in the 200 backstroke). Teammate Mark Harris '07, also saw action during the winter. Matt Storey '07, of **Denison** was on the second place 200 medley relay at the NCAC meet. He also was seventh in the 200 backstroke and butterfly and eighth in the 100 backstroke. Teammate Brett Hansen '05, also swam at the NCAC meet. Jake Berg '05, was the top swimmer on the **South Dakota State** squad and was joined by Jason Kassa '05; Hadleigh Tyler '08; and Nathan Bylander '09. Others in the pool included diver Bernie Jacobson '08, of **Case Western Reserve** and Felipe Correa '06, of **Salisbury State**.

Other Winter Sports

Julian Illingworth '06, of **Yale** became the second amateur to win the U.S. national squash singles championship and second Yale athlete since 1989 to win a U.S. title. Earlier in the season, he earned All-Ivy League honors and finished second in the Collegiate Squash Association singles competition. Teammate Joshua Schwartz '05, played the number two position for Yale.

*Julian
Illingworth,
Yale '06, with
his US national
championship
trophy in
squash.*





Nathan Bragg, Duke '05

Earning All-American honors at the NCAA fencing meet was Nathan Bragg '05 of **Duke**, who was 11th in epee competition. He placed eighth at the Mid-Atlantic/South regional meet and was joined on the Blue Devils squad by Nic Testerman '06, David Penn '05, and Michael Bruno '07. Matthew Chaiken '08, was a saber regular for the **Yale** fencing team. Undergrads on school wrestling squads included John Pollak '06 of **Davidson**, Tim Wolkey '10 of **Truman State**, Leon Checca '05 of **McDaniel**, Josh Rodden '07 of **WPI**, Cory Shepard '08 of **John Carroll** and Matt Bannister '07 of **Thiel**. Josh Sydnor '06, was a member of the **Davis & Elkins** skiing team.

Spring Sports

Golf

Earning All-Missouri Valley Conference first team honors for **Bradley** was Josh Brown '06, who tied for fifth (223) at the MVC meet. He was the team's top shooter with a 75.0 per round average and also placed 21st at the Branch Creek Invitational. Teammate Craig Tautges '05 was second with a 76.8 average and was medalist (219) at the Ironhorse Intercollegiate. He placed fifth (222) at the Southeast Missouri State Invitational. Drew Laning '05 of **TCU** averaged 74.89 over nine rounds and tied for 25th (219) at The Ridges Intercollegiate.

Averaging 75.78 over 30 rounds at **Marshall** was Chris Tipper, '06 who had the team's low round of 67 and tied for eighth (215) at the St. Croix Collegiate. Brad Tweel '06 was third on the Marshall squad with a 76.63 average for 30 rounds, and teammate Jeremy Graham '06 also saw action. Kevin Vucinich '05 of **Jacksonville** averaged 80.6 over 14 rounds and had a 16th place tie at the BCC Spring Invitational. Lee Ellis '05 of **Stetson** averaged 79.64 over 11 rounds. Other Division I players included Jonathan Schultz '08 of **Purdue**, Kyle Hougham '06 of **Iowa**, Jason Owen '05 of **Richmond** and Matthew Goodman '08 of **Yale**.

Three **Westminster** SigEps competed at the NCAA Division III meet. Earlier, Gary McGovern '06 and Scott Voelker '05 earned All-PAC first team honors with third and fifth place finishes, respectively, while Robbie Jewell '07 was on the All-PAC second team with a ninth place PAC finish. Matt Hawkins '05 of **Monmouth** tied for second (156) at the MWC meet and was fifth at the Monmouth Invitational. Teammate John Denny '07 tied for second at the Knox Invitational. Other golfers included Greg Prymicz '05 of **Ohio Northern**, Andrew Styer '06 of **Moravian**, Michael Kahler '08 of **Baker**, Tim Nickels '06 of **Davis & Elkins** and the **Huntingdon** duo of Tyler Cobb '05 and Brandon Shrout '07.

Tennis

Leading **Florida** to the NCAA Division I championship semi-finals was Ryan Sherry '06, who earlier was named Most Valuable Player at the Southeastern Conference tournament. He posted a team best 31-10 record (primarily at number six singles) and was 16-10 in doubles play. Antonio Sierra '05 became the career leader in wins for **Central Florida** and earned All-Atlantic Sun Conference second team honors. Sebastian Delgado '06 was a regular at number five



Ryan Sherry, Florida '06

singles, and UCF teammates Rhett Rosen '05 and Paul Ramy '06 also saw action. Rowan Reynolds '06 and Matthew Feldman '06 were regulars for **Yale**.

Ryan Cope '07 played number three singles for **Truman State** and posted a 21-8 record. He and teammate Tyler Wood '06 (number one singles) had a 12-11 doubles mark. Antonio Aniello '06 of **St. Joseph's** had a 14-14 singles record and Mike Kelly-Sell '06 was 9-0 in doubles play for **Johns Hopkins**. Steve Hsu '06 of **Case Western Reserve** placed second in both singles and doubles at the UAA meet. He was 12-7 in singles and 11-7 in doubles. Co-captain Jeff Kraft '05 and Brad Gutwillig '06 of **Muhlenberg** both placed second in their flights at the Centennial Conference meet.

Ben Boyer '08 of **Ohio Northern** had a 12-9 record at number four singles and Nick Schuett '06 was a regular at number five singles for **Moravian**. Matt Lewis '06 received GSAC All-Academic honors for **Huntingdon** and was joined on the team by regulars Al Zachos '07 and Walker Garrett '07. Other players included Patrick Murphrey '05 of **Christopher Newport**; the **Monmouth** duo of Brian Jordan '07 and James Jordan '07; and the **Nebraska-Kearney** trio of Nate Wiegand '06, Mike Saniuk '05 and Luke Backhaus '06.

Scholar Athletes are the Balanced Man

A Scholar Athlete has a high GPA, and is the epitome of the Balanced Man, one who develops his mind and body. A varsity athlete who does not have a high GPA does not add value to a chapter, but a Scholar Athlete does.

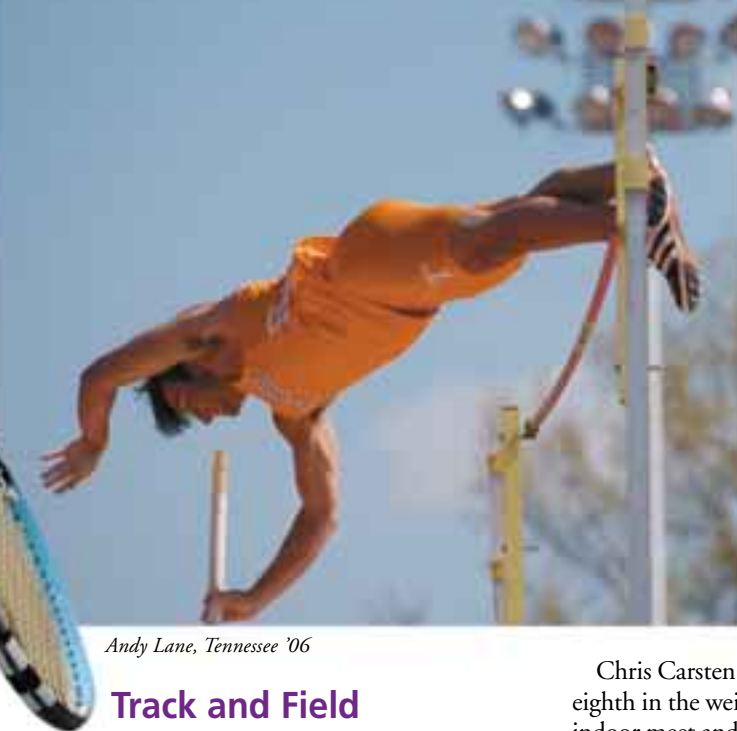
These Brothers are some of Sigma Phi Epsilon's Scholar Athletes:

BASKETBALL: Chris Hartley, Purdue '06; GPA-3.3; Major-Industrial Management

LACROSSE: Sean M. Anthony, Dartmouth '06; GPA-3.78; Major-Psychology

SWIMMING: Adam Freeman, Bucknell '05; GPA-3.60; Majors-Mechanical Engineering/Economics

TRACK & FIELD: Courtney Wright, Florida State '06; GPA-3.4; Majors-Psychology/English



Andy Lane, Tennessee '06

Track and Field

In mid-January at the Kentucky Invitational, **Tennessee** pole vaulter Andy Lane '06, reached a career best 16'6" in a third place finish. He later placed fifth (16'3") at the Southeastern Conference outdoor meet. Long jumper Courtney Wright '06 of **Florida State** had a best leap of 24'5" at the Seminole Invitational and placed second (24'4") at the Atlantic Coast Conference outdoor meet. Earlier, he placed fifth at the ACC indoor meet. Winning the Southern Conference outdoor (6'6") and indoor (6'5") high jump titles was Shane Estes '08 of **East Tennessee State**, who was also named SC indoor Freshman of the Year.

Paul Applegate '07 of **Rutgers** was a top weight man at the Big East outdoor meet, placing fourth in the shot put (53'1"), eighth in the discus (145') and 13th in the hammer throw. Teammate Tom Morley '06, placed eighth in the 800 and 3,200 meter runs at the Big East meet. Kirby Davis '07 of **Maine** placed third in the 5,000 meter run (15:15.80) at the American East outdoor meet and was 12th in the IC4A indoor 5,000. Matt Larson '04 of **Valparaiso** set a school hammer mark (169'7") in a sixth place finish at the Mid-Continent Conference meet.

David McCall '05 of **Western Carolina** had a season-best pole vault of 13'7", and Scott Simpson '05 of **Columbia** placed second in the 3,000 meter steeplechase at the Larry Ellis Invitational. Teammate Gus Polito '07, placed ninth in the mile run at the Princeton Invitational. Eric Guja '07 of **Bucknell** was on the Patriot League outdoor sixth place 400 meter relay and was 15th in the 400. Other Division I squad

men included Billy Bludgus '05 of **Miami**, Casey Murphy '08 of **Georgia**, Ryan Grace '08 of **Duke**, Cody Rushing '07 of **Memphis**, Chris DuPre '06 of **Dartmouth**, Craig Simmerman '08 of **Indiana State**, Andrew Hazen '07 of **Davidson** and Julio Faria '08 of **Massachusetts-Amherst**.

Chris Carsten '07 of **Missouri-Rolla** was eighth in the weight throw at the MIAA indoor meet and eighth in the hammer (158'5") at the MIAA outdoor meet. Jason Gillespie '04 was on two **Michigan Tech** relay teams at the GLIAC meet. The **Moravian** team featured 10 SigEp athletes, including sprinter Scott Silvoy '05 (second in the 200 at the MAC meet), decathlete Dan Corey '05, javelin thrower Michael Ossont '07 (best of 174'5"), distance runner William Shimer '06, hammer thrower Shawn Nelson '05 and middle distance runner Josh Kline '07. Rob Chapman '07 of **Babson** placed sixth in the 3,000 meter steeplechase at the NEWMAC meet, and teammate Matt Walsh '07 had a

personal best for 10,000 meters (33:47.33) at the Division III New England meet.

Brett Weir '06 of **Baker** earned All-American honors at the NAIA indoor championships with a second place finish (7.60) in the 55-meter hurdles and also placed seventh in the pentathlon. Other key Baker athletes were hurdler Zach Middleton '06, distance runner Jeremiah Harp '08 and pole vaulter Ben Harp '05. At the PAC outdoor meet, Eric Hauser '05 of **Thiel** placed sixth in the triple jump, seventh in the high jump and eighth in the long jump and javelin. Javelin thrower Matthew Spiegel '07 of **Muhlenberg** competed at the Centennial Conference outdoor meet.

Placing second in the decathlon at the NCAC outdoor meet was Nate Efinger '05 of **Ohio Wesleyan**. Teammate Matt Kempton '07 was the top distance runner and placed 12th at 10,000 meters during the NCAC meet. Nick DeFrancisco '07, of **Monmouth** placed third in the javelin (163'5") at the MWC outdoor meet. Hurdler Josh Suffel '06 and sprinter/long jumper Andrew Vaske '07 were good competitors for **Ohio Northern**. The **Johns Hopkins** squad featured distance runners Jason Farber '06, Eric Scrivner '05, Gabe Tonkin '06, Aaron Landgraf '06, and Nick Sousa '06.

Other track and field competitors during 2005 included Cam Felton '06 of **North Dakota**, Al Stahlnecker '06 of **Nebraska-Kearney**, Brian Sing '05 of **Northwood**, Kyle Seibenick '06 of **Baldwin-Wallace**, Marcus Lewis '08 of **WPI**, Andrew Pozzuto '08 of **Case Western Reserve**, Garret Woodward '07 of **Quinnipiac**, the **Westminster** duo of Marcus Corvino '05 and Adam Hadbavny '06 plus the **McDaniel** duo of Leon Checca '05 and Ron Ringgold '06.



Courtney Wright, Florida State '06



Chris DuPre, Dartmouth '06

Baseball

California-Santa Barbara first baseman Bill Rowe '07 ranked second on the squad with 37 runs batted in. He batted .237 (41 of 173) with nine doubles and three home runs. Earning All-Gulf South Conference West Division first team honors for 27-23 **Central Arkansas** was pitcher Zach Barnett '07. He led the staff with a 7-4 record, 2.80 ERA, 83.2 innings pitched and 56 strikeouts. Zach was twice named Gulf South West Division Pitcher of the Week. Members of their school's squads were infielder Miles Starr '08 of **Georgia**, outfielder Logan Lovill '08 of **St. Louis** and infielder Bobby Stevens '08 of **Valparaiso**.

Six SigEp players saw a lot of action for **Truman State**. Belting seven home runs and driving in 21 runs was catcher Pat Wilmes '06, who hit .268 (26 of 97). Shortstop Adam Davis '06 started every game, hit .219 (34 of 155) and led with 10 stolen bases. Outfielder Brian Huck '08 played 20 games. Seeing mound action were Alex Dack '08 (three wins, 15 games), A. J. Barton '08 (14 games) and Ryan Pias '07 (13 games).

Eight players were on the 31-16 **Westminster PAC** championship team. Pitcher Tony Cunningham '07 earned All-PAC second team honors after posting a 5-5 record, two saves, 3.50 ERA and 44 strikeouts in 43.2 innings. Infielder Mark Francazio '06 batted .350 (35 of 130) and led with 12 stolen bases. Also playing were second baseman Don Kirkwood '08 (19 games) and pitcher Jason Mackey '06 (15 games).

Zack Barnett, Central Arkansas '07



Earning All-NCAC honorable mention for 20-17 **Denison** were outfielder Tripp Dudley '05, who hit .376 (44 of 117) with 22 RBI, and pitcher Dallas Puskar '06, who was 6-3 with a team high 56.2 innings. Also seeing action were infielders Andrew Pakla '07 (.346 on 37 of 107); Brian Mulcahy '05 (.311 on 37 of 119) and Chris Schuette '08 (18 games). Other Denison



Adam Davis, Truman State '06

pitchers were Henry Shillingford '05 (2-2 in 10 contests) and Marc Anderson '07 (1-1 in 12 games). Outfielder Nick Metzger '06 of **Northwood** batted .267 (39 of 146) with 10 doubles. Seeing playing time for 23-12 **Ohio Wesleyan** were six SigEps. Outfielder Matt Strasburg '05 was third with 31 runs scored and hit .308 (36 of 117) with four homers and 27 RBI. Outfielder A. J. Dote '08 batted .312 (24 of 77) with two homers. Also playing were first baseman Steve Toneatti '07, first baseman Tom Bottichio '06, outfielder Brent Wilkins '08 and pitcher Pat Cantlin '07. Other players included outfielder Bryan Wolf '06 of **Moravian**, DH Giovan Scialdone '05 of **Clarkson**, **WPI** co-captain/outfielder Bill Flaherty '06, **Baker** pitcher Kyle Metzger '06 and the **Lambuth** duo of second baseman Matthew Bucher '06 and outfielder Chris Eubanks '05.

Playing in the major leagues during the first part of 2005 were Cincinnati Reds first baseman Sean Casey, **Richmond** '96, pitcher Kevin Jarvis, **Wake Forest** '91, of the St. Louis Cardinals and pitcher Jon Rauch, **Morehead State** '00, of the



Sean Anthony, Dartmouth '06



Phil Stemler, Yale '07



Carter Collison, Georgetown '08

Washington Nationals. Former big league pitcher Andy Beene, **Baylor** '78, won the Toronto Blue Jays' Al Lamacchia Scouting Award for excellence. He joined the Blue Jays as a scout in 1988 and signed three of the team's top seven draft picks from the 2004 free agent draft. Former college head coach and pro coach/scout J. Larry Smith, **Arizona State** '64, currently lives in Austria and has been coaching the country's national baseball teams for the last five years.

Other Spring Sports

Named to the All-Patriot League lacrosse first team was **Bucknell** defenseman Michael Abou Jaoude '06, who was invited to the 2006 U.S. national lacrosse team summer tryouts. Teammate Ryan Goodman '05 got into 13 contests. Earning All-Ivy League second team honors was **Dartmouth** goalie Andrew Goldstein '05, who posted 120 saves and had 8.29 goals against average. Also playing for the Big Green were teammates Sean Anthony '06 and Brandon Charles '05. Other lacrosse players included defenseman Rocco DiPoalo '06, who played 16 games for **Moravian**, and Matt Hourigan '08 of **Denison**.

A key player for the 24-8 **Ohio State** volleyball squad was middle hitter Layne Dreven '07, who started every match. He led the team with 145 blocks (1.37 per game) and ranked third in total points (319.5).

SigEps in crew or sailing included Alex Moerlein '05 of **Tufts**; Ryan Suplee '06 of the **Yale** lightweight crew; **Yale** sailing team members Phil Stemler '07 and Matt Barry '07; and the **Georgetown** trio of Carter Collison '08, Stephen Lam '08 and Michael Manucci '07.

Meet Dartmouth SigEp Andrew Goldstein— All-American Lacrosse Scholar Athlete

Andrew Goldstein, '05, All-American lacrosse goalie everyone calls “Goldie,” was recently featured on ESPN.com highlighting his “unimaginable” accomplishments on the field and his personal life and how the two are “inexorably intertwined.”

Brother Goldstein, says ESPN, is the most accomplished male, team-sport athlete in North America, to reveal openly that he is gay during his playing career. And the fact that he is in a fraternity was not lost on ESPN. The fact that he's gay doesn't seem to matter; it hasn't mattered to his chapter Brothers or his championship team. Goldstein's courage cannot be measured by the 110 saves he recorded this season.

The Dartmouth lacrosse bio fails to capture what ESPN called his “sometimes breathtaking athletic ability.”



Goldie the Goalie

His midfielders say that he might have been the fastest player on the team, which is saying something. His reflexes, particularly when

tested in one-on-one situations in front of the cage, sometimes border on the ridiculous.

Goldstein routinely authored extraordinary achievements. During the 2003 regular season, he stopped 17 shots in a 13-6 upset at Princeton, prompting legendary Tigers Coach Bill Tierney to say it was one of the best performances he had ever witnessed by an opposing goalie. Those comments were one of the reasons Goldstein was named an All-American at the end of the season.

In 2003, in the crucible of the NCAA Tournament, down a goal at Syracuse, Goldstein did something that surpassed even his consistently high level of achievement.

“I made the save and I saw a big opening on my left side, so I just took it and ran,” Goldstein remembered. “I have two guys on me: one guy was an attack man, so he couldn't cross the midline, so I got past him. Another guy was a middie, and he was right on me the entire time.

“They [the defense] didn't slide, and then I got to about eight yards, and just wound up, shot low, and there it was. Everyone just kept mauling me, and all I kept thinking was, ‘Geez, I've got to go a hundred yards back to the net. Get off me. What are you doing?’”

The goalie had done the unimaginable—he scored a goal. It hadn't happened in the NCAA Tournament in nearly three decades. As Goldstein later wrote in an essay that first

appeared on Discourse.net, “I thought to myself, ‘I guess it takes a gay goalie to have enough balls to score in the NCAA Tournament.’”

“That was like the culmination of all the hard work that he put in,” senior defender Matt Nicholson said. “It was just shining right there on the national spotlight. You can just tell he's something special, and that goal is indicative of that and [his] coming out.”

Risking a Lot

For Brother Goldstein, the two—scoring that goal against Syracuse and announcing his sexuality publicly—are inexorably intertwined.

“I know what it's like taking the ball over the midline. You risk the chance of getting checked and going back and then scoring on you,” Goldstein said. “But if you don't take that big risk, you don't get the big goal.”

“You can take that metaphor a long way,” said Dartmouth senior defender Adam White. “There has to be some amount of insanity or toughness to get in goal and let people rip 100-mile-an-hour shots at you. So it's not surprising that he could take a leap like this.”

When he first told teammates he actually had a *boyfriend* named Ethan, some were admittedly surprised by the revelation. Later, at least one teammate told him it didn't change anything.

“I'm here for you,” he wrote. “I'm your teammate. I'm your defenseman, and you're my goalie.”

Goldstein was touched.

“He wasn't literally patting me on the back, but I felt like there was, there was a hand on my back, pushing me forward and supporting me,” Goldstein said. “There's really no feeling like that.”

Brother Goldstein has found similar acceptance and support from his chapter brothers.



SigEp Support

“I'm a liberal person, and I try not to assume things about people,” **Sean Garren, '07**, told ESPN. “But the lacrosse team was not where I imagined there being an All-American gay person. I think that there are so many stereotypes that a lot of gay people all over the country kind of live up to. A lot of stereotypes that have just been built up over time, and Andrew breaks a lot of those.”

When the Gay Straight Alliance at Dartmouth sponsored a Day of Silence to protest the muting of the gay, lesbian and bisexual community, several lacrosse players and SigEps participated.

“We had guys on our team I would have never imagined sticking up for gay rights,” said one teammate, “wearing T-shirts, saying ‘I'm going around campus trying to promote communication between gay and straight communities.’”

Goldstein's favorite quotation is from Dartmouth SigEp **Theodor Geisel, '25**, Dr. Seuss: “Be who you are and say what you feel because those who mind don't matter and those who matter don't mind.”

At 22, Goldstein still has more barriers to break. Next year, he'll put a double major of biochemistry and molecular biology to work in cancer research at Boston's Dana-Farber Cancer Institute.

Sound Mind and Sound Body

LIVING THE BALANCED MAN IDEAL

...Everybody's Learning How

Loyola Marymount's Surf Club

By E. SCOTT THOMPSON, II
Southern Mississippi '99

There is something serene about sitting in the line-up, waiting to catch that perfect wave. The line-up is outside of where the waves break—similar to baseball's on-deck circle. You spend some time paddling against the currents to get out there, and then you wait. Waves gently lift you up and down; the ocean pulsates through you. For those who surf alone, it is time to reflect, to clear your mind. For those who don't, it is a time to chat about life. For two SigEps, it was a time to talk about the Fraternity.

Two summers ago, **Mateo Levy, '06**, began teaching **Frank Van Brussel, '06**, how to surf. Frank was a quick learner. Soon the two began surfing together every day. Occasionally, they would go twice a day to increase Frank's skill. That fall, young **Alex Quaid, '07**, joined SigEp and, being an avid surfer, joined Mateo and Frank. Soon the three wanted more brothers to join them in the Pacific surf, and why not? Surfing is such a nice tie into the Balanced Man Ideal. Sound Body? Try paddling 50 yards from shore on a surfboard against the tide, let alone trying to balance yourself on it. Sound Mind? Surfing facilitates thinking. It could be the rush of it all—the man versus nature setting that causes you to reflect, question, and debate.

Mateo Levy, '06 and Frank Van Brussel, '06 consider the waves



Members of the Surf Club preparing to go out.

At a chapter meeting, Mateo announced that any SigEps interested in surfing, or learning how, should meet him at Manhattan Beach on Saturday. Ten showed up. It was the start of the Surf Club.

Throughout the fall, the Surf Club would go out weekly. By the end of the semester, things began to get more structured. Every Friday and Saturday, SigEp would have "Surf Club Sessions." Mateo, the President of the Surf Club, Frank, the Co-Founder, and Alex, the Vice President, would provide transportation and set up meeting times. Mateo began to award prizes to those who showed improvement in their surfing or

were the most dedicated. Soon the club branched out into the varsity level—those who could tackle the big swells or waves—and junior varsity for newer surfers.

Today, there are 16 SigEps in the Surf Club. Fridays are when the varsity surfers go out, and Saturdays are for the junior varsity surfers to join and learn from the varsity surfers. Mateo has a "Surf Club Corner" at every chapter meeting where he discusses the coming week's activities and recaps some of the previous week's biggest wave stories. In the end, the Surf Club provides a unique expression of the Balanced Man Ideal and facilitates the notion of living in peace with both your brothers and nature.

**"You can discover
more about a
person in an hour
of play than in a
year of
conversation."**

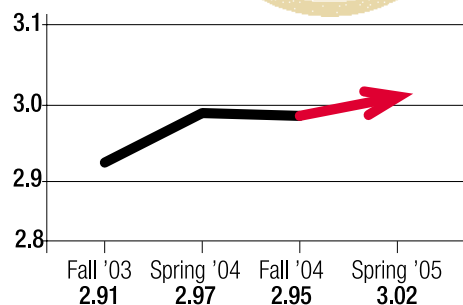
—Plato

Phi Beta Kappa Wheelhouse-First Time Ever SigEp GPA Tops 3.0 Nationwide *3.15, Here We Come*



Spring 2005 GPA for 59 chapters reporting: 3.02

NAME	GPA	RANK	MANPOWER
1. Dartmouth	3.58	n/a	96
2. Georgia*	3.51	1/27	86
3. Drake*	3.47	1/8	82
4. Bucknell	3.41	1/11	90
5. Ohio State	3.37	2/30	60
6. U. of Miami	3.33	3/10	81
7. Case Western	3.29	6/16	50
8. LSU	3.29	1/11	78
9. U. of Toledo*	3.33	1/11	73
10. Vanderbilt	3.27	4/16	62
11. Clarkson	3.27	n/a	47
12. Oregon State	3.26	1/22	91
13. Washburn	3.23	1/4	35
14. Drexel	3.20	1/9	41
15. Penn	3.16	23/33	66



SigEp's GPA for chapters reporting continues to lead fraternities nationwide

This story highlights how they achieved success in the Phi Beta Kappa Wheelhouse.

Fall 2004 GPA for 233 chapters reporting: 2.95

NAME	GPA	RANK	MANPOWER
1. Georgia*	3.49	1/27	86
2. Chicago	3.48	n/a	19
3. Duke	3.46	5/15	73
4. Dartmouth	3.43	n/a	100
5. Stevens Tech	3.39	1/10	45
6. Ohio State*	3.38	1/30	79
7. U. of Toledo*	3.36	1/11	75
8. Northwestern*	3.36	7/17	92
9. Nebraska*	3.35	3/22	103
10. Columbia	3.35	5/12	34
11. California-Berkeley	3.35	3/36	32
12. Arizona State	3.34	n/a	—
13. Illinois*	3.34	3/54	121
14. Johns Hopkins	3.34	1/11	78
15. Carnegie-Mellon*	3.33	1/12	55
16. Washington	3.33	2/26	15
17. Bucknell	3.32	3/11	88
18. Drake*	3.32	1/8	71
19. Maryland	3.32	3/22	40
20. St. Louis U.	3.30	3/13	110
21. Tufts	3.30	5/11	32
22. Oregon State	3.29	1/22	86
23. LaSalle	3.28	n/a	32
24. Truman State	3.26	2/13	73
25. Creighton	3.26	3/5	63
26. Baker*	3.25	1/4	39
27. Washington U. in St. Louis	3.24	8/12	83
28. Michigan	3.21	8/27	62
29. Syracuse*	3.2	2/17	42
30. Loyola	3.19	2/7	73
31. Maine*	3.19	1/13	57
32. U. of Richmond*	3.19	2/7	83
33. U. of Miami	3.19	4/10	78
34. Washburn*	3.18	1/4	41
35. WPI	3.18	n/a	90
36. Valparaiso*	3.17	3/10	84
37. Wisconsin*	3.17	3/25	117
38. North Dakota*	3.17	1/13	66
39. Davidson	3.17	2/7	75
40. U. of Cincinnati*	3.16	3/16	96
41. Tulane	3.15	5/13	83
42. Delaware	3.15	1/17	52

Key: ■ 3.5 Chapter-wide GPA-Phi Beta Kappa Standard
* Residential Learning Community
Italics denotes a Sigma Epsilon Chapter (SEC)

Drake: Culture is Key

BY CARTER A. CASMAER,
Drake '07

What I believe to be important in attaining a high GPA with a large membership is the establishment of a culture that makes members genuinely desire to perform at a high level academically. Where this started in our chapter is recruitment. We will not

extend bids of membership to freshman students who do not meet the minimum 3.0 high school GPA we set as a standard for consideration. Although our 3.47 GPA for the spring semester was higher

than any other fraternity or sorority on campus, our new members for the 2004-2005 year averaged a 3.52 GPA! This stands as evidence that recruiting the best men is the first step.

Apart from recruitment, our officers and members work hard to publicly commend those who reach the President's List and Dean's List, and also to remind everyone at our weekly chapter meeting to stay on top of their coursework (or to ask for help early before having to struggle in a class). Every one of our members wants to see our chapter GPA improve regardless of what it is. This drive to improve existing among the membership has been the largest contributing force to our success.

Balancing the Sound Mind and Sound Body

BY COLONEL ROBERT W. LANHAM,
Indiana University '77

When Socrates was asked about the “virtuous man,” he said, “At the highest level, the virtuous man is one who consistently strives to do right of his own accord. The virtuous man at the secondary level is one who is motivated towards virtue by his company with others who are striving for virtue. Pity the man who neglects both of these.”

The founding brothers of Sigma Phi Epsilon understood the need to pursue *the ideals of virtue and balance* in the company of one another. These same brothers saw the benefit of young men joining together with like-minded individuals, improving their chances for achieving the benefits of a balanced, value-based life.

Our world is complicated by numerous and varied crosscurrents that involve moral and ethical questions. These questions are brought about by rapid social and technological change, shifting markets and economic trends, the clash of cultures and ideas—all enmeshed in increasingly global complexity. On our campuses and in our communities, there are many obstacles that distract us from our quest for excellence. Our resolve falters without a sustained and disciplined approach. Only through discipline and the mutual encouragement of our brothers can we develop the *habits of mind* that lead to actions, ideas, and relationships that will *raise* the human condition rather than lower it. Our Founders recognized this.

Sigma Phi Epsilon was created to be different. The original charter (from October, 1902) conveyed the following vision for this Fraternity, “*Its purpose shall be to intensify and perpetrate friendship and promote happiness among its members, to encourage literature and education, and to create such sentiments, mold such opinions, and perform such deeds as shall conduce to the building of a noble and pure manhood.*”

The words may seem a bit dated, but the ideals here are clear...and timeless. They reflect the wisdom of the ages. Our Founders’ vision of brotherhood was based on diligence, balance, time-tested moral values, and a brotherly love for their fellow man that provided *enlightenment for the mind, strength for the body, and relationships that enhance our lives.*

The Founders realized that the formation of a vibrant and intellectually rigorous environment could result in significant, life-changing growth for those who willingly participated. The really good news is that *their vision...is ours!* Today’s Sigma Phi Epsilon strives to create an enriching and supportive environment in which we can help each other grow into balanced leaders capable of delivering a positive impact in the relatively short time we have in this world.

Enlightenment for the Mind

Clearly, because this Fraternity exists on college campuses, there exists an implicit assumption that its members are interested in the pursuit of knowledge. As our Founders reminded us, “Knowledge is not absolute; its pursuit is unending.” This means that knowledge comes as a result of a lifelong process to gain ever-increasing knowledge—it involves building the *habits of mind* to pursue enlightenment. George Bernard Shaw aptly put it this way, “What we want to see is the man in pursuit of knowledge, not knowledge in pursuit of the man.”

Our college curricula provide a framework for the disciplined approach to gaining knowledge, *but it is not nearly enough.* There are too many distractions in our lives and on our campuses, so—without a more disciplined approach—we lose focus and fall short of our goals. Colleges have adapted to the commercial and technical requirements for increased specialization. SigEp’s principles are based on a more classical philosophy of education—one that informs the mind, body, and heart of ways to maintain the proper balance in the midst of increasing complexity. We use tools like goal-setting sessions, “Challenge Trackers,” and holding each other accountable to keep us focused on the path to balance and excellence. Only through building positive, disciplined habits of mind can we achieve success in terms of our pursuit of knowledge. In doing so, we realize that we can become anything we desire based on what we are willing to learn.

Strength for the Body

In much the same way, our physical bodies need a disciplined approach in the pursuit of excellence. Getting and staying in good physical condition is not always easy, but it is extremely important, as our bodies serve as the lifelong vessel for our mind and soul. There are days when it is all too easy to roll over in bed and skip the next workout. There are too many shortcuts to eating right and to avoiding the substances that do us real harm. Here, too, a disciplined approach, motivation from a brother, and accountability for each other come into



play. Our sense of brotherly love requires us to encourage and care for each other in pursuit of our physical well-being in much the same way as in our pursuit of knowledge. Effective goal setting and using the “Sound Body Trackers” are excellent tools for enhancing success.

In the pursuit of the Sound Body, we must be aware of a seductive danger: that pursuing a single goal can become an obsession. SigEp teaches us to maintain a proper balance in our pursuit of both knowledge and fitness. To the extent that we pursue one at the expense of other goals, we do our brotherhood and ourselves a real disservice. Balance and moderation are key.

Relationships that Enhance Our Lives

It is possible to achieve success in building a Sound Mind or Sound Body (or both), yet fail in life’s greater challenges. Our daily newspapers are full of living examples. To ensure we keep our quest for ‘Sound Mind, Sound Body’ in the proper perspective, a third element is required. By building and sustaining positive (virtuous) relationships with others, we put in place a “dynamic” that helps us achieve balance. Of course, this is dependent upon our ability to build *truly positive* relationships — ones that enhance our lives and motivate us toward positive goals, rather than relationships that can quickly destroy us. This holds true with our relationships to *both* men and women.

Most of us have found that the development of and commitment to a time-tested moral philosophy is indispensable for guiding our choices and our conduct of relationships. Too often, our society tries to strip away moral foundations from ethical choices in a concerted effort accommodate all beliefs. A sound, time-tested moral foundation is still required for us as individuals, however, and we must decide on the sources from which we will discern our own moral compass. Modern culture often seems to be asking us to ignore all sources of such discernment in an “anything goes” approach to moral judgment. We must develop moral judgment, but we can do it without being judgmental. Relationships centered upon brotherly love, mutual respect, and trust provide an environment in which it becomes easier to be right and virtuous, and more difficult to do wrong—to ourselves or to others. Life is *all about* relationships.

Sound Mind, Sound Body

SigEp recognizes that we need relationships that encourage us to become part of *something greater than ourselves*. This is why we celebrate our brotherhood and our outreach programs. Through helping our brothers—and those on our campus and community—SigEps experience the balancing virtue of serving others. According to ancient wisdom, we do not exist on this earth for our own purposes. We exist to contribute in making the world a better place for others—and in the process we find ourselves fulfilled and alive with purpose.

Through community outreach and “service learning,” we put these ideals into action. Through such action, we learn how to contribute and how to lead. We learn that, through respecting others and building positive relationships, we gain a legitimacy that allows us to lead effectively. This is a skill that our nation requires, but is never enough in supply. Sigma Phi Epsilon will build tomorrow’s leaders in accordance with time-tested principles that have consistently built history’s greatest generations.

Working Together

Sigma Phi Epsilon is firmly committed to our Cardinal Principals as a means to acknowledge and develop a strong foundational philosophy of life that serves to temper our human excesses and weaknesses. We believe that it is important to encourage a healthy diversity of perspective. There are many paths to excellence, but the paths all share the timeless values of the ancient ones. SigEp brings together diverse perspectives from many walks of life, joining together in brotherhood to seek the ideals of our Founders. We *balance* this richness of perspective from the undergraduates with the grounding influence and experienced perspective of alumni volunteers. These men continue their brotherhood beyond graduation and share life’s lessons and experiences through leadership and mentorship of undergraduates and fellow volunteers. They understand that striving for excellence is truly a lifetime journey.

This Fraternity remains focused on an unending quest for the balance of knowledge, fitness, and stout-heartedness gained by building disciplined habits in the company of our brothers. In Sigma Phi Epsilon, we provide the means to join in the community of others who share a lifelong pursuit of Virtue, Diligence, and Brotherly Love. Within this brotherhood, we provide

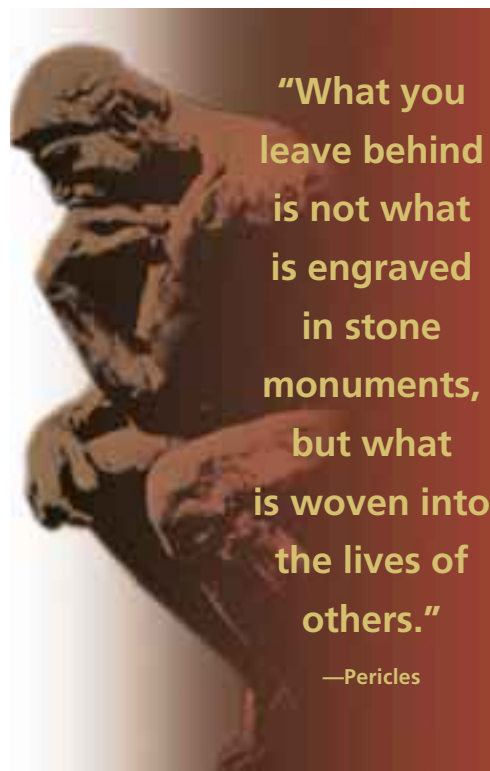
the tools, the motivation, the encouragement, the accountability, and the experienced perspectives that are essential for development of life-enhancing, balanced leadership. The rest is up to you (and those you choose to travel with)!

Colonel Lanham served the Fraternity as a Regional Director in 1977-78. He worked as a stockbroker and completed his MBA in Corporate Finance. He then made the decision to join the U.S. Marine Corps. and was commissioned a Second Lieutenant in August 1982.

Since that time, Bob has been deployed to the western Pacific and Europe, piloting the A-6 Intruder jet and the F/A-18 jet. During his tour with the F/A-18’s in Beaufort, South Carolina, he completed several deployments to Aviano, Italy, in support of the U.N. contingency and combat operations in Bosnia-Herzegovina.

His next assignment was to the Joint Staff, Operations Directorate (J-3). There he developed policy, implementation plans, and requirements for the Global Command and Control System and was promoted to Lieutenant Colonel. Since then, he has served at Headquarters, U.S. Marine Corps; and as the Director of the Commandant’s Staff Group, conducts research and writes articles and speeches for the 32nd and 33rd Commandants of the Marine Corps. He current serves the Secretary of Defense in the Office of Net Assessment, conducting long-range strategic planning studies for the Department of Defense. He and his wife, Leigh, have a son and a daughter, both attending Virginia Tech.

Brother Lanham is a member of the Sigma Phi Epsilon Board of Governors and serves as the project coordinator for the Ruck Leadership Institute on the National Leadership Committee.



“What you leave behind is not what is engraved in stone monuments, but what is woven into the lives of others.”

—Pericles

Drake Solves Varsity Athlete Riddle by...

Bringing the Coach and the Campus Icon to the SigEp House

BY TIM TESAR,
Drake '06

SigEp at Drake University has achieved amazing results over the past four years—going from last to first; from 14 guys in 2000 to being number one on Greek Street with 87 in 2004, all while maintaining a 3.47 GPA. While the increased number of brothers has been great for the chapter, recruiting varsity scholar athletes at Drake had been a constant challenge. Now it is a main focus for the chapter.

As part of the Iowa Delta Residential Learning Community's (RLC) push to recruit athletes with high GPAs and continue to be in the limelight of all university affairs, the chapter implemented a number of events geared toward Drake's student-athlete population in order to increase awareness of SigEp and the benefits of joining SigEp.

These events over the past year include bringing in the varsity football coach, inviting athletes to chapter events, philanthropy events, and campus functions and targeting scholar athletes with the Balanced Man Scholarship.

Bring in the coach

The capstone of Iowa Delta RLC's increased public relations efforts was bringing the Drake men's basketball coach into the chapter house. Coach Tom Davis is in his second year at Drake after a long tenure at the University of Iowa. Dr. Davis is the 11th winningest coach in NCAA history and has led successful programs for over 20 years at several prestigious programs, including Boston College and Stanford.

An instantly recognizable Iowa icon, Davis talked to the brothers about the highlights of his career, the progress of the Drake team, being rowdy and active at games and being a leader both in school and outside activities. Dr. Davis noted how he has heard "good things" about SigEp and urged the Brothers to keep up the good work on campus.



Dr. Davis speaks to Iowa Delta's RLC about recruiting varsity athletes

Dr. Davis was actually the second famous athletic figure to make a stop at SigEp this semester. Earlier in the year, Paul Morrison, Drake's athletic historian, came and shared his experiences and memories of Drake and SigEp.

Some would argue that Paul is a living slice of Drake history, but everyone agrees that Paul Morrison is a penultimate SigEp. With unmatched dedication to Drake University, Paul is part of a family that has claimed 13 Drake graduates. Like his father before him, Paul was a member of the Chi Delta Fraternity. In 1948, with the help of Paul Morrison and other Chi Delta alumni, the local fraternity successfully petitioned Sigma Phi Epsilon for chartering.

Paul made a stop in his busy schedule to speak with our newest brothers and gathered members about his experience, work on campus as a student and staff member, and the benefits of joining SigEp. The informational session really turned into a history lesson for many of the brothers, as Paul was able to relay his information of past fraternal experiences and how they coincided with his love for Drake athletics.

After serving Drake faithfully for decades, Paul retired 16 years ago. He

continues to work in the Bell Recreational

Center as an athletic historian and is still a tireless Drake supporter; Paul celebrated his 600th football game this season during Homecoming. Although the composition of the student body and the physical environment of Drake University have changed drastically in the past 60 years, Paul was clear in his convincing love of this institution, the students and of SigEp.

New recruits

With the enthusiasm of having Dr. Davis and Paul Morrison in the chapter house, the passion for recruiting scholar athletes into SigEp kicked into high gear and is starting to pay off for Iowa Delta RLC. Among the 27 new members joining last fall was sophomore track and field athlete **Shawn Prakash '07**. SigEp is currently planning on giving bids to more scholar athletes, including varsity football players, after the season is over. Scholar athletes must meet our minimum 3.0 GPA requirement to be considered for membership. SigEp recruits only those who epitomize the Balanced Man Ideal.

Living and Learning at Oxford University

BY BURLEY M. WRIGHT,
San Diego State '07

It was December 26, 2004, and while most people spent the day returning Christmas presents, **David Brawley, '06**, and I were on a plane headed to the United Kingdom. We were both selected to attend Oxford University as part of a unique study abroad program. Forty other students from San Diego State made the trip, and we all shared the same goal, to learn from some of the most educated people in the world. This was going to be an experience we would remember forever.

Since 1990, San Diego State University Professor Dr. Michael Stoddard has been taking a hand-picked group of students to Oxford to learn about international politics, relations, and global security. The program consists of five weeks of lectures and studying under the Oxford Tutorial System. Each student is selected based on GPA and overall academic scores by the Oxford Study Abroad Program Director as well as multiple professors in the Political Science department at San Diego State University.

Upon arrival, we were placed in Oxford Student Housing where we were able to live with a full-time Oxford student. The experience of living with a student who regularly attends this prestigious school was one in itself. The majority of the Oxford students are hard-working and dedicated. I could see the many attributes in the student which could make him the next prime minister, nuclear scientist, or even the researcher who discovers the cure for cancer.

Living in a Residential College

The best experience of living with a full-time Oxford student was realizing that although he is from a different country, with different family and upbringing, he is still a college student looking for success and a good college experience. The students are motivated to do well in school, yet when school was out, they were the first to offer to show me the town or discuss/compare

American and British politics, as well as our different college experiences. Each night with the students was not only intellectual, it was an eye-opening experience into the diversity throughout the world.

Along with living at the same residence with an Oxford student, most of us had the privilege of living with a tutor or professor. During this time, we were able to not only ask for help on our papers or research, but it also allowed us to create a sort of friendship with the tutors in which we would go over our papers when they were due, and then, following the discussion, we would head for dinner at one of the local pubs. This experience was one in its own, as we were able to truly understand the idea of a Residential Learning Community. For example, we had a focused area in which we could work with our professors/tutors on our assignments, yet when it was time to experience the culture of Great Britain, we were able to go out with our professors and enjoy what Oxford had to offer.

The morning following arrival, we were at class learning from former President Ronald Reagan's Executive Assistant Dr. Bob Schuttinger, and it was truly amazing how he related everything to what takes place today in politics.

Each day began at 8:00 a.m., which meant waking up early to a formal "English breakfast" and then getting dressed appropriately for class—slacks, shirt, tie, and blazer. It was a change of pace from the "dressed-down" attire at San Diego State.



Oxford as seen from the Clocktower

Learning in a Residential College

For the next four weeks we listened to lectures by 12 distinguished professors. Some were former elected officials, some were Lords, and many had been knighted by the Queen of England. They represented some of the United Kingdom's most intelligent and respected people. Each class was taught in a different location, including one in the world's first known library.

One of the lectures was given by Sir David Yardley, who was knighted by the Queen for his dedication to the United Kingdom through the economy and political system. This lecture consisted of Sir Yardley talking about how the United States works with the United Kingdom creating two of the world's strongest powers. His lecture was filled with not only facts but some of his personal accounts of working with the Prime Minister in order to help the United Kingdom succeed alongside of the United States.

On the last night of our term, we were given a formal Oxford graduation dinner which consisted of being given Oxford graduation gowns, as well as a full, five-course dinner. It was filled with stories about our term and allowed me to reflect upon how much I learned both inside and outside the classroom.

Tying it Back to SigEp

For David and I, this experience was not just academic; it allowed us to live and learn outside of our normal university. I know that many schools in the US are trying to adopt a similar approach to Oxford where a professor lives among students or at least have a higher level of interaction. The residence halls in our country are too large to make this happen. I know that SigEp chapter houses are much better suited to create this kind of environment. It wasn't until I experienced Oxford that it all made sense to me—having a member of the faculty holding office hours means getting an added dimension to your academic studies. It is an opportunity to explore ideas and learn in a relaxed environment. What better place to do this than in the SigEp chapter house?

Spine Align: How and Why Behind Back Pain & Posture

BY WILL H. STEWART, II,
George Washington '00

Have you ever suffered from back pain? If not, consider yourself one of the few lucky Americans who have not suffered from back problems. The spine literally connects your Sound Mind to your Sound Body. When it is out of alignment you are not able to pursue your best life. This article details some good habits that will lead to a lifetime of health whether you currently have back pain or not.

Let's briefly examine some of the causes of low back pain, as well as some self-help therapy to prevent or alleviate back issues you may experience. Unfortunately, doctors and scientists are not sure about all of the causes of back aches and pain. However, most back problems are probably the result of a combination of factors. One of the most common factors is the natural aging process. As humans age, muscle tone and elasticity begin to lessen, along with a loss in bone density. Because of this, the discs in the spine begin experiencing decreased blood flow and flexibility, thereby diminishing their ability to effectively cushion the vertebrae.

Causes of Pain

Back pain can also occur when someone lifts something too heavy or overstretches causing a spasm, sprain or strain in one of the muscles or ligaments in the back. If the spine becomes overly strained or compressed, a disc may rupture or bulge forward, which will put pressure on one of the more than 50 nerves rooted to the spinal cord. When these nerve roots become compressed or irritated, back pain will result.

Other factors contributing to low back pain are obesity, smoking, weight gain during pregnancy, stress, poor physical condition, posture inappropriate to the activity being performed, and poor sleeping positions. Now that we've

examined some possible causes of low back pain, let's discuss both traditional medical and self-help remedies. According to the Mayo Clinic, most back pain will disappear with self-care and home treatment. However, if pain does not lessen in 72 hours, see a doctor. The exceptions to this rule of thumb include:

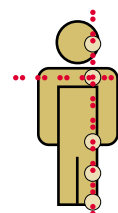
- Pain that spreads down one leg.
- Pain that is constant or intense, especially at night.
- Pain that causes bladder or bowel problems.
- Pain that is the result of a fall or blow to your back.

When the pain is persistent, a trip to the doctor is highly recommended. Physicians usually recommend six weeks to three months of conservative therapy before considering the possibility of surgery. Conservative therapy will more than likely involve relieving the inflammation around the nerve. In mild cases of back pain, it will subside with anti-inflammatory medication like ibuprofen. Other courses of action include ultra-sound, heat/ice therapy, massage therapy, physical therapy, or whirlpool treatments.

Self-Help Techniques

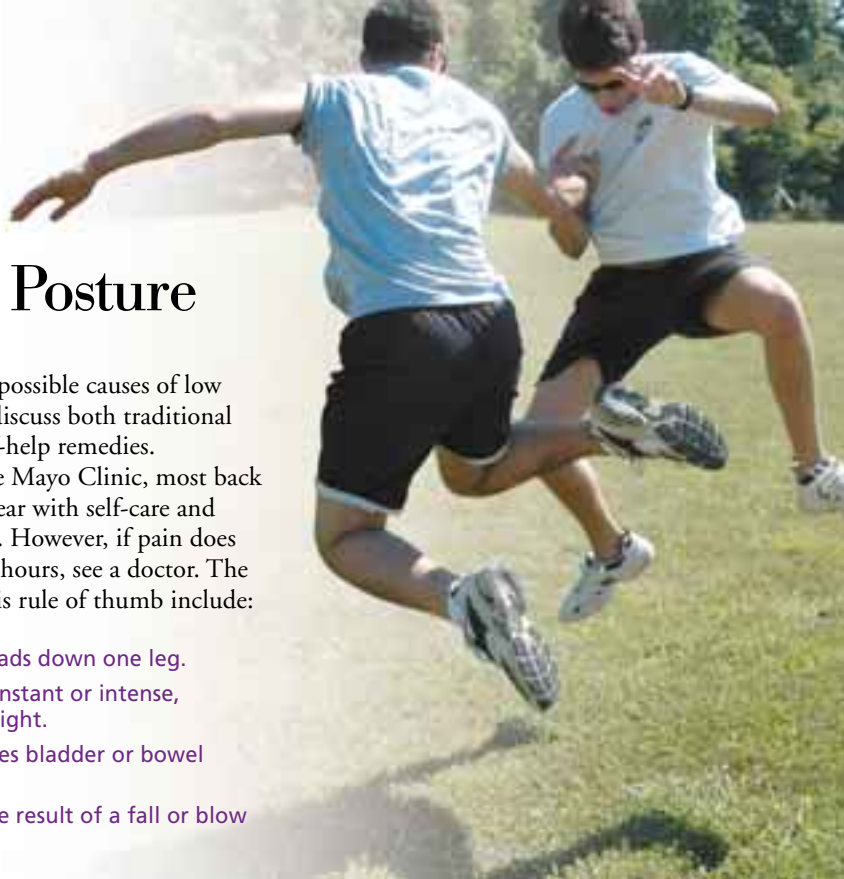
Posture is very critical to maintaining a healthy body. Because our lives have become more and more sedentary, we find ourselves spending significant time sitting for long periods. Because of this, the core support muscles such as our transversus abdominis, external and internal obliques, multifidus and erector spinae, can become very weak. When this happens, our natural body alignment becomes warped and we start to compensate with muscles that are not specifically postural muscles. How many times have you caught yourself slouching at your desk or while driving? More than likely, you will have a very rounded lower back with hunched shoulders and a

forward-placed head. This is extremely detrimental both in the short and long term. Short term, you have to expend energy on muscles that are engaged in compensatory actions instead of relying on your core muscles and joint alignment. Long term, you are creating a great deal of tension upon the muscles either lengthening or contracting for long periods of time. When this happens, the muscles may adapt this unnatural position as a standard muscle contraction/lengthening which can cause unnecessary pain in that area or satellite points in the body. To check your posture, have someone stand next to you so they can check to see if the following points are aligned with your ears (e.g., a straight line could be drawn through them from the ears to the ankles):



1. Ears
2. Shoulders
3. Hip joints (where your legs insert into your body)
4. Knees
5. Ankles

Even when sitting, you should try and have the first three points in alignment. If these natural postural points are out of alignment, most likely some muscle in your body is taking over and compensating for the improper alignment. Sleeping is another way that we become



grossly misaligned. According to the American Physical Therapy Association, two recommended efficient positions are:

- 1 Lying on your right or left side with a pillow of appropriate thickness under your head that will keep the natural "ear-to-ankle" alignment of your body.
- 2 When lying on your back in bed, use a pillow of appropriate density that maintains the natural alignments at head level and a pillow or bolster that elevates your knees enough to relief pressure off your lower back.

Finally, exercises, such as crunches and sit-ups which may seem to be beneficial to strengthening the core muscles that support the back, done improperly can cause back pain or exacerbate any existing problems. If a person does not properly engage their transversus abdominis (TVA), which is the natural weight belt or corset of the body, he opens himself to a higher likelihood of injury. To feel the activation of the TVA, place your hand slightly beneath your navel and simulate a cough. You should feel the muscles contract slightly beneath your hand, and you should detect a pulsing sensation through your kinesthetic awareness. Also, try engaging the TVA by pulling in the area slightly below the belly button to the back of the spine, thereby flattening your stomach. This is called "drawing in." When you activate these muscles, you are effectively using the natural weight belt. This will encourage better core support and allow you to maintain your natural body alignment. If you already exercise your core muscles, try the "drawing in" maneuver of engaging your TVA. You will be working your core muscles more effectively while providing more support to your lower back.

These are just some helpful ways to help you begin to either prevent or alleviate back pain. Of course, your physician should be consulted before any exercise routines begin if you are experiencing severe back pain.

Will is a certified Pilates and yoga instructor, as well as a certified personal trainer. He works with high school student athletes, Division I athletes of various sports and the general fitness-oriented population of the Washington, D.C., metropolitan area.

Sound Mind, Sound Body

Michigan SigEps Discover Korean Art of Past Grand President

BY CHRIS KANE,
Michigan '08

It is not often a trove of history and beauty lands in your front yard. Yet, this is precisely what happened in March, 2005, at the University of Michigan Art Museum. On display across the street from the chapter house was a priceless collection of Korean pottery, brought to Ann Arbor by Past Grand President and Order of the Golden Heart recipient **Bruce Hasenkamp, Dartmouth '60**. After a period of searching for a university museum that would best fit his collection, Brother Hasenkamp chose the on-campus art museum at U of M. For the opening of the exhibit, he agreed to visit with the chapter and help conduct a Sound Mind event.

While many Americans collected coins, stamps, and other trinkets, Brother Hasenkamp treasured Korean pottery. On military duty in Korea, he was exposed to Korean culture. In a climate of economic depression, he began to collect these pieces of art for very little money. As his time in Korea continued, his fascination with the ceramic traditions grew. He was able to build his knowledge about the styles, dynasties, processes, and attention to detail that would allow him to amass a collection of over 300 unique ceramic pieces.

Shortly before the scheduled tour of the exhibit, the Michigan Alpha brothers were treated to a speech by Brother Hasenkamp and **Dr. Michael A. Green, California-Berkeley '62**, on the ideals of SigEp, the founding of the Balanced Man Program, and the status of SigEp nationwide. This wealth of knowledge found in both men



L-R: Bruce Hasenkamp, Dartmouth '60; Michael Green, California-Berkeley '62; and Peter Hasenkamp, Dartmouth '98; at the University of Michigan Art Museums exhibit of Korean Pottery.

gave the brothers a new perspective on the evolution of the Fraternity and allowed the chapter to gaze into its own history, punctuated by such renowned alumni as Past Grand President and Order of the Golden Heart recipient **Frank J. Ruck, Jr., '46**. Their speech and the subsequent presentation at the chapter house were only bested by the museum tour of the pottery.

Dr. Maribeth Graybill (Senior Curator of Asian Art) led the men on the guided tour. The collection is filled with masterpieces the likes of which can only be seen in the national museums of Korea. With an emphasis on the evolution in ceramic processes and technology, the exhibit highlighted the characteristics indicative of various time periods.

During the tour, Brother Hasenkamp gave new insight to the many priceless works of art. In concert with his son, **Peter Hasenkamp, Michigan Alpha Chapter Counselor**, he recalled that when the pottery was still in the Hasenkamp household, some of the pieces were used as umbrella holders and coin trays. It was comical noting that the ceramics now on display were at one time everyday-use objects. After the tour ended, both Dr. Graybill and Brother Hasenkamp answered questions posed by the brothers, and Dr. Greene commented on our inquiries about SigEp.

The Sound Mind event was a total success. The 50 brothers who attended were able to visit the Art Museum and discover the masterpieces it holds. The wealth of art history allowed the chapter to appreciate the diligence and love that Brother Hasenkamp demonstrated in acquiring this pottery collection. In addition, hearing about the traditions and ideals on which the chapter and Fraternity were founded and have evolved will make a lasting impression.



Michigan Alpha brothers with Hasenkamp collection



**Sigma Phi Epsilon
Fraternity**

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Dear Brothers,

The Sigma Phi Epsilon mission of "Building Balanced Leaders for the World's Communities" is intended to help students excel academically, promote a positive environment for health and well being, serve their communities, and be active socially with their peers. To fulfill this mission, each member must assume a mature, responsible approach toward alcohol, which includes not drinking if you are under the legal age of 21.

Personal responsibility is the foundation for approaching this issue, and only when our undergraduate brothers are armed with the facts can they make informed decisions. Research shows that when college students know the truth about their peers' decisions concerning alcohol, they make smarter, safer choices when it comes to drinking. The ad from Anheuser-Busch opposite this page demonstrates this point.

As a university president, it is clear to me that through the efforts of Anheuser-Busch and groups that Sigma Phi Epsilon supports, like the BACCHUS and GAMMA Peer Education Network, the Inter-Association Task Force on Alcohol and Other Substance Abuse Issues, and others, we are seeing positive trends in the fight against alcohol abuse. According to the largest and longest running study of college students in the nation from the University of California in Los Angeles and the American Council on Education, beer drinking among college freshmen is six percent lower than in 2000 and down 38 percent since 1982. Additionally, nearly three-quarters of college students drink moderately, infrequently or not at all, with the majority of college students drinking on average two or fewer alcohol beverages per week, according to the Core Alcohol and Drug Survey.

It is important that our members understand the actual behavior of their peers—and focus on the fact that most college students drink responsibly or not at all. With this knowledge, they will be better equipped to approach alcohol in a responsible manner when they're of legal age and to uphold the Balanced Man Ideal of developing a Sound Mind in a Sound Body that serves as the foundation of Sigma Phi Epsilon.

Sincerely,

Dr. Edward H. Hammond
Past Grand President
President, Fort Hays State University

Building
Balanced
Leaders for
the World's
Communities

- 21%** more Americans are enrolled in college today than in 1990.
- 66%** of college students are 21 years of age or older.
- 77%** have used a designated driver when socializing during the past year.
- 74%** of college students drink moderately, infrequently or not at all.

It may surprise you to learn that most college students are making smart decisions about drinking. In fact, the percentage of freshmen who say they drink beer frequently or occasionally is at its lowest level since 1966.* By being responsible, today's college students are proving that they're thinking outside of the classroom, as well as in it.



RESPONSIBILITY MATTERS.
ANHEUSER-BUSCH, INC.
www.alcoholstats.com

Sources: 21% and 66% - U.S. Census Bureau, 2002; 77% - American College Health Association, 2003; 74% - Core Institute, 2003. *The American Freshman Survey, Sponsored by UCLA and The American Council on Education, 2003. According to the U.S. Census Bureau, the majority of college students are of legal drinking age. However, while moderate drinking is acceptable for students 21 and older, those under 21 should not drink at all. © 2005 Anheuser-Busch, Inc., St. Louis, MO

Chapter Anniversaries: Coming Home to Sigma Phi Epsilon

By E. SCOTT THOMPSON, II,
Southern Mississippi '99

Sigma Phi Epsilon is such a young fraternity in the scheme of things.

Compare our birth in 1901 with the birth of the first American college fraternity. Phi Beta Kappa, founded in 1776, at the College of William & Mary, just a scant 40 miles east of Richmond. It was in the Apollo Room of Raleigh Tavern where the founders of Phi Beta Kappa met, in secret. This was the same Apollo Room where the Declaration of Independence was signed, also in secret, also in the same year.

Our Founders established SigEp to be different from the existing fraternities on campus. The original petition to open a chapter of Chi Phi, **Carter A. Jenkins', 1901**, old fraternity at Rutgers, was rejected. With less than 200 students and five existing fraternities, there were not enough men to sustain a chapter on campus. You could say our Founders created SigEp with a chip on their shoulders. Not enough men? Then we'll start our own and in the second year of existence expand to other campuses. They did, and we have not looked back.

In the 125 years after the rise of Phi Beta Kappa and the founding of Sigma Phi Epsilon, more than 35 other fraternities were born. Most of our contemporaries have a 50-year head start on us, so it is a special occasion for this young Fraternity of ours, the first founded in the 20th Century, when a milestone happens. At the five, 10, 20, 25, 50, 75, 80, 90, and 100 mark, we pause to recognize how far we have come and pay homage. Then we cast our gaze back toward the horizon, same as we have done throughout our existence, toward continued successes and greatness.

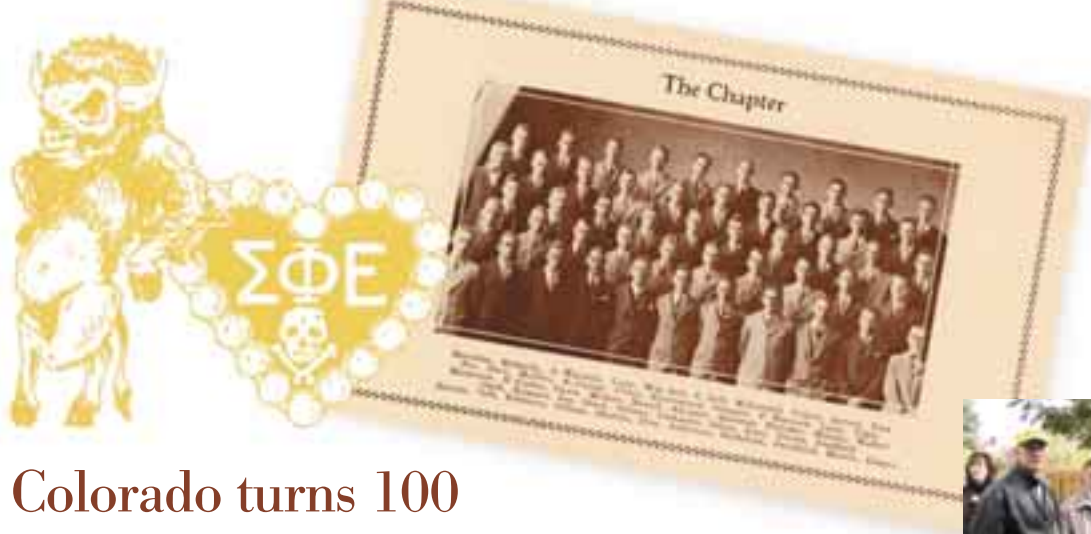
Some of our most historic chapters have celebrated one of these milestones in

recent years, and so we recap a few of the highlights from weekends, homecomings, banquets, CDs, DVDs, and everything in between. Why? Because it is only a matter of time before your chapter reaches its next milestone. For the alumnus 20 years removed from campus and all things related to the Fraternity, save this magazine, wouldn't the opportunity to see your closest chapter brothers standing in the foyer of the old SigEp house stir the fires of nostalgia? Perhaps this will bring you back to campus when you receive that email, phone call, postcard or letter that the home chapter has a special birthday celebration planned in the coming months.

In each instance *The Journal* profiles on the coming pages, the events would not have happened without the love of some very special SigEps. It may be a committee that meets every month via conference call or the one to two local icons who arranged everything. Regardless, without them, these occasions would come and go and that would be a pity. Thank you, Brothers, for your love of Sigma Phi Epsilon.

From the archives: correspondence from the Colorado Alpha Chapter at the University of Colorado dating back to 1918.





Colorado turns 100

More than 225 alumni brothers and guests enjoyed a spectacular slate of festivities in Boulder in celebration of the Colorado Alpha Chapter's 100th Anniversary at the University of Colorado campus. **Burgess Williams, '63; Steve Miller, '70; Steve Milo, '71; Blair Trautwein, '74; Jay Lipe, '81; and Cam Brown, '83;** contacted chapter Brothers from their era to attend. The event was held the weekend of October 15-16, 2004. Brothers from the Class of 1936 through 2006 appreciated hearing about the good old days and the great new days. All found that the spirit of SigEp is alive and well, and will stay strong for the next 100 years.

The centennial dinner gala was the evening of Friday, October 15, at the historic Boulderado Hotel in downtown Boulder. The entertaining program highlighting the first 100 years on campus and the delicious dinner (prepared by the Boulderado's award-winning chefs) was followed by much reminiscing among brothers, some of whom hadn't seen each other in many years.

On Saturday morning, everyone enjoyed a barbecue at the chapter house and meeting the current undergraduate members. Then CU took

to the football field to beat Iowa State. SigEp had a reserved section in the new club seating area in the stadium.

Not only was the centennial a wonderful time for everyone who attended but was about so much more than just the festivities. Rather, it was about renewing brotherhood, strengthening friendships and honoring our venerable past. It will be a long-remembered and cherished moment in our history.

"The best part of the anniversary event was seeing all the brothers that I went to school with and the ones I worked with when I was the Alumni Board President. I



L-R: Blair Trautwein, '74; Paul Turner, '73; Lee Christian, '75; Gary Grimmer, '72; Beverly Grimmer, Frank Banta, '72; and Debbie Howes, enjoy a pre-game brunch at the chapter house.

was also very pleased to receive my 50th Anniversary recognition pin. Finally, let me say that I am very impressed with the present chapter membership...I hope the brothers of the next 100 years can look back with the same fond memories of the Fraternity and the University that I will always have. Thanks, again, for all of the hard work that is being done to make our Fraternity the best it can be," said **Ross M. Bolt, Jr., '53.**

View more comments from Colorado Alpha alumni by visiting www.2stayconnected.com/sigep-colorado/.



(L-R) W. Douglas Morrison, '36, and then Chapter President Lance Powers '06. Brother Morrison had the oldest class year in attendance, and at 93 years old, goes to work everyday!



Colorado chapter house in 1949...



Colorado chapter house today

Indiana State Celebrates Its 50th Anniversary

By CHARLES R. BUCKLEY, '54

Over 200 alumni, undergraduates and their guests celebrated the 50th Anniversary of the Indiana Delta Chapter on October 1-2, 2004. The chapter chartered on May 15, 1954, with 25 members of the Delta Kappa/Kappa Zeta Fraternity as founders. The weekend began with a reception held at the chapter house.

The Alumni and Volunteer Corporation (AVC) met on Saturday morning, followed by a special Renaissance of Brotherhood Ceremony for Stanley Cook, the father of former Chapter Counselor and new AVC President **Adam Cook, '93**. The Ritual team was headed by **Mark Fleeman, '82**, and **Eric Lantz, '91**, and included: **Craig Morris, '95**, **Paul Davenport, '75**, **Adam Cook, '93**, **Joe Bartholomew, '93**, **Wade Ison, '93**, and **Brian McKee, '96**.

Afterward a buffet lunch was held at the chapter house, attended by many brothers who were unable to attend the Saturday banquet. This was followed by an exciting overtime win in football by the ISU Sycamores over Northern Illinois in the afternoon. After the game, everyone gathered for the evening banquet at the Holiday Inn.



Founders of the Indiana Delta Chapter at Indiana State University pictured above: (l to r) William White, Bill Schroeder (past president, initiated in 2000), Dean Duncan, Charles Buckley, Co-chair & Master of Ceremonies, Indianapolis; James McDonough, 1st SigEp President; Edward Deckard, and Robert L. Jones.



Over 200 SigEp Brothers and guests celebrated Indiana State's 50th anniversary on Oct. 1st and 2nd, 2004

The banquet room was beautifully decorated with red and violet candles in hurricane lamps with alternating red and violet napkins. The chapter flag hung behind the speaker's stand. **Charles Buckley, '55**, master of ceremonies and anniversary chairman, worked two years in updating and contacting Indiana Delta brothers. Special guests at the banquet included chapter founders **James McDonough, '56**, Past President, **Robert L. Jones, '54**, **William D. White, '55**, **Charles Buckley, '55**, **Edward Deckard, '56**, and **Dean Duncan, '52**. **Bill Schroeder**, Chapter President in 1952 and initiated in 2000, sat with the founders.

A memorial service for departed brothers was held immediately prior to the banquet with a video service given by Brother **Robert H. Miller, Jr., '56**, Founder and retired Methodist Minister. Brother McDonough lit a white candle beside a special place sitting at the head table to commemorate the departed brothers. All names were read by Brother Buckley and **Ron Zuk, '60**, Dinner Co-chairman. **Jake Pomplin, '58**, was buried in St. Charles, Illinois, on the day of the banquet.

Adam Paulson, '05, Indiana Delta Chapter President, greeted the brothers and led them in the Pledge of Allegiance. Brother McDonough, offered the opening prayer.

Speakers included Grand President **James F. Robeson, Cincinnati '59**, then-District Governor **Dan Van Treese, Ball State '66**, **Craig Morris, '95**, outgoing AVC President, **Craig Williams, '93**, Editor of the *Indiana Deltan* alumni newsletter, and longtime AVC member

Dean Duncan, '52. Brother Duncan contributed more than \$25,000 over the years in scholarships to undergraduate members. **Jerry Stroud, '60**, Order of the Golden Heart recipient, was another brother in attendance. His financial support has been a great help to the chapter.

The banquet room was arranged by Mrs. Charles (Janet) Buckley, Hillary Buckley McCarley (daughter of Charles, who was a Chi Omega at ISU in 1983), Pat Long French (widow of Founder **Harold W. French, '55**), and her daughter, Jacki Cole. Pat French's parents, **W. Ernest Long, '58**, (past-District Governor, Alumni Board Treasurer, and recipient of the Golden Heart Award) and Helen Long were longtime supporters of Indiana Delta Chapter.

Each brother present was given a DVD of the chapter's history (including personal paragraphs of brothers), information contained in the Sycamore Yearbook from 1954 to 1992 and a CD of SigEp songs, including a SigEp quartet from the 1960s. This was compiled by Brother Buckley and put on DVD and CD by Brother McKee. The banquet room also had displays of chapter memorabilia, including pictures, Founders' jewelry, yearbooks and two national award-winning scrapbooks made by Brother **Kregg Ruffner, '82**, during the 1970s. Pictures were taken by Brothers **Craig Dufford, '83**, and **Wade Ison, '93**.

Ohio Northern 1905-2005

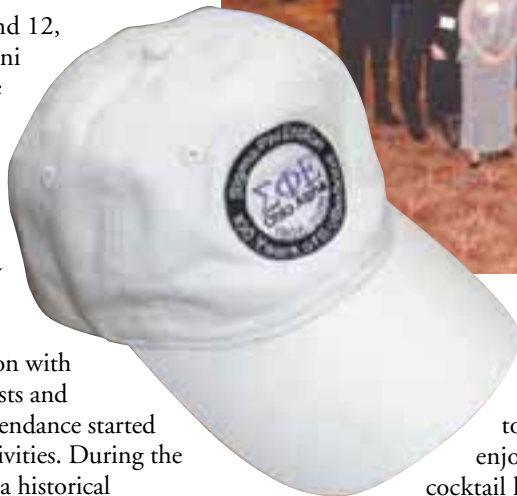
BY JONATHAN JAMES, '08

On February 11 and 12, 2005, over 300 alumni and guests joined the undergraduate chapter for the Centennial Celebration of the Ohio Alpha Chapter at the Hyatt Regency in downtown Columbus, Ohio.

A welcome reception with over 175 alumni, guests and undergraduates in attendance started off the weekend's festivities. During the reception, Ohio Alpha historical scrapbooks were on display for all to see, as well as items from the chapter house's formal room. Some of the items included: the Ohio Alpha Charter, which was engraved and copyrighted in 1908 by the E. A. Wright Bank, portraits of Olga "Mom" Bentley, housemother from 1957 to 1982, and **George C. Hindall, '33**, Order of the Golden Heart recipient. Also, silent auction fund-raising items donated by alumni, undergraduates and friends were on display for all present to bid upon.

The following day things began in the afternoon with a performance of the Ritual by members of the undergraduate brotherhood. Following the Ritual, an Alumni and Volunteer Corporation (AVC) meeting was held where reports were given by members of the AVC and the active chapter officers.

Later that evening, everyone gathered



SigEps and their dates at the Centennial Dinner.

in the Regency Ballroom's foyer to mingle and enjoy a lovely cocktail hour prior to the evening's centennial program.

Before the doors to the ballroom were opened, the familiar Ohio Alpha race horse chime was rung to announce to all brothers and guests that it was time to be seated for dinner at one of the 25 tables laid out in the shape of a heart.

A warm welcome to all in attendance from Emcee **John Romig, '93**, started everything off for the evening. Before dinner was served, speeches were presented from AVC President **Michael Chow, '92**, active Chapter President **Nick Carmean, '06**, and even one by the President of Ohio Northern University and fellow SigEp **Dr. Ken Baker, North Dakota '01**. Following dinner, District Governor **Mike Skordeles,**

Baldwin-Wallace '93, presented the proclamation from Grand President **James F. Robeson, Cincinnati '59**, honoring our 100 years of brotherhood as the Ohio Alpha Chapter at Ohio Northern University. Finally, a viewing of the commemorative DVD made from pictures submitted by alumni and actives celebrating the chapter's 100-year history finished off the formal celebration.

Ohio Alpha will be celebrating its 100th Homecoming on Saturday,

October 15, 2005, on the campus of ONU. For information about the Ohio Alpha Chapter and its Centennial Celebration visit www.ohioalpha.com.



Ohio Northern's current sweetheart and a member of the Zeta Tau Alpha sorority, Miss Anna Fowler '06, holds a picture of Olga "Mom" Bentley, the Ohio Alpha Sweetheart of a lifetime.

Quick! We Need a Bouquet of Purple Violets and Red Roses...

Planning an anniversary has to have someone in charge. The person who will handle all of the details so that when the big dinner approaches, the last-minute scramble for the nearest florist won't be necessary. Some tips on planning an event:

- Send notification of the event at least eight weeks in advance and request an RSVP no later than two weeks before the event. Send reminder notifications at the four-week and two-week points.
- Take advantage of the Internet as well. Send invitations electronically in addition to mailed versions. Update the web site with information and include an FAQ portion.
- Hire a professional photographer.
- Invite a member of the National Board of Directors and your District Governor to attend.

Don't forget about the archives! Over the years, Zollinger House, the location of the Fraternity's Headquarters, has amassed an impressive collection in its archives. When a chapter sends brochures, newsletters, and other types of correspondence to 310 South Boulevard, it is filed away. If you are looking to evoke a strong response from the alumni of the chapter, request copies of what is in the chapter's archives. You may find that photo of the first chapter house occupied years ago or a composite photo from the founding year.

Once you have created your publication to commemorate significant milestones in your chapter's history, send a copy to Richmond and request that it be placed in the archives for future SigEps to enjoy.

Summer Recruitment Works Year-round

BY GREG P. BARRA,
Texas '03

Imagine what would happen if your chapter started the fall with 20 worthy men ready to join before formal recruitment even started? Momentum would be on your side and what a kick-off to a great year. SigEp's most successful recruiting chapters ALL practice some form of summer recruitment. Why? Because they realize the importance of keeping in touch with potential members, as early and as often as possible, to give the chapter the best chance of recruiting them. There is a simple formula for summer recruitment success. First a chapter must find and identify potential members, then establish a relationship with them, explain the Balanced Man Ideal, and, if they meet the recruitment standards, ask them to join SigEp.

Pipelines

The first critical step to summer recruitment success is building the prospective member list. This process is not rocket science; it's simply finding good men who have the potential to be members of SigEp. There are several different best practices for building a list, the first of which has to do with relationships already established.

SigEp at the University of Nebraska uses referral-based sources from the brothers. Each brother recommends potential members from his high school, athletic teams, church, Boy Scout troop, and neighborhood. The chapter builds its list up to over 150 names every year because it knows that only about one of every five recruits is going to meet the chapter's standards and accept the bid. This process did not start overnight, however. This is a system learned over the years, and mentored by volunteers. Nebraska's volunteers look over and manage the recruitment process with their institutional knowledge; they may not be selling the experience, but they ensure the undergraduates are selling it.

BMS Generates Potentials

At the University of Washington, the chapter scheduled a week in July to interview candidates for its Balanced Man Scholarship (BMS). SigEp conducted over 50 interviews all over the state of Washington. Vice President of Recruitment **Ryan Rastetter, '06**, thought the process was so much fun, he didn't know why a chapter wouldn't want to do this for recruitment. The chapter added to its potential member list, and several men joined after their initial interview.

Students attending the University of Miami are spread out across America, so doing in-home summer interviews is a challenge. SigEp does not have access to a list of incoming freshmen, so the chapter provides an on-line application on its web site, and the BMS is posted on the University Scholarship Web Site. Each year alumni meet with local high school counselors to promote the scholarship to students attending Miami. Through this process, over the summer, the chapter is able to "build our potential member list and inform more people about the Fraternity," said Chapter President **Tommy Walter, '07**. The chapter generally receives anywhere from 50 to 75 applications for the BMS.

SigEp puts its focus on developing a Sound Mind and Sound Body, and the men who apply for the BMS are ones who already live the Balanced Man Ideal. The BMS, then, gives you an easy avenue to explain the Balanced Man Ideal. Chapter Sound Mind and Sound Body events prove our commitment. Varsity scholar athletes epitomize the Balanced Man Ideal, and this further reinforces our commitment.

Establish Relationships

Once you have a potential member list, whether through pipelines or the BMS, you need to establish a strategy for recruiting the men on the list. That strategy should center on contacting early and often. Small outings are better than large gatherings. Grab lunch with a

potential SigEp, go golfing, or do some outdoor activity. In short, don't plan on elaborate events with hundreds of people. If you don't have that relationship established, the chances of having a potential SigEp attend a large function are nil.

Getting to Yes

Once you have gotten to this step, you need to make sure to handle any objections to joining. Usually it boils down to time and money. Show him what a typical week looks like for a SigEp and how many hours



Recruitment event at the Ohio State Residential Learning Community.

he would be spending attending events. It is usually less than he anticipates. Explain the dues structure and where the money is spent. It is similar to joining a sports-rec league and paying the related fees. Once you have handled the objections and made certain he meets the standards for membership, ask him to join. If a recruit has not joined by the end of the summer, it is important to maintain contact with him. You have to establish and maintain contact from the first time you meet a recruit until he joins, especially once he gets on campus.

Simple tips for running a great summer recruitment program, but these recruitment practices work throughout the year. Just because it's the middle of October doesn't mean that establishing a relationship with a recruit in a smaller, more intimate setting is less important. Summer recruiting is year-round recruiting. Even though you may be reading this at the end of August when the school year begins, you can still have a fantastic year of recruitment. Good luck!

Chapter News

L I F E A C C R O S S T H E U S A

SigEps and YouthAIDS

Ashley Judd Visits SigEp House at Kentucky; Attends Chapter's Basketball Tournament

Media were swarming around the chapter room of the Kentucky Alpha Chapter in April, 2005. SigEp planned a three-on-three basketball tournament to benefit YouthAIDS, and the undergraduates knew that mtvU, a college network of MTV, wanted to capture the moment with a video crew. Yet it seemed odd that so many reporters were on-hand. The brothers were gathered in the chapter room to handle last minute planning when suddenly Ashley Judd walked into the room.

Ashley, a UK alumna and global ambassador for YouthAIDS, was there to surprise the chapter as part of mtvU's show Stand-In. Stand-In surprises college classes by replacing their professor with celebrity instructors for the day. For this particular show, mtvU wanted to focus on the SigEp/YouthAIDS partnership.

Ashley spent close to 45 minutes having a question and answer session with the assembled SigEps. She dispelled myths about getting tested for HIV/AIDS and answered questions on how to raise the subject with girlfriends. At one point, she shared stories of her travels to Africa and India and how the sex trade is handled in these parts of the world. Her message helped reinforce the reason the SigEp/YouthAIDS partnership is important to stopping the spread of HIV/AIDS.

After giving a press conference and eating lunch in the SigEp chapter house, Ashley took a group of undergraduates with her around campus to drum up attendance at the basketball tournament. She walked into



Ashley and the SigEps on the floor of the Memorial Coliseum after the basketball tournament.

several lecture halls and asked permission from the professor to address the students. After explaining her role with YouthAIDS, Ashley encouraged attendance later that evening at the Memorial Coliseum.

Over 300 people showed up for the SigEp championship tournament that evening and several members of the UK men's basketball team joined Ashley on the court. After the final game, Ashley addressed the crowd with a similar message given at the SigEp chapter house. The Kentucky Alpha Chapter raised over \$6,000 for YouthAIDS through the tournament.

More than 700 campuses nationwide are tuned in to mtvU and witnessed the five-minute spot that aired in late April. Visit www.mtvu.com/on_mtvu/stand_in/ashley_judd.jhtml to see the entire episode of Stand-In.

"Who's going to be late for their two o'clock class?"

Cal Poly Pomona's Pageant a Success

MACKY SAMONTE, '06

The California Mu Chapter held its fourth annual Miss SigEp pageant, and proceeds benefited YouthAIDS. Six sororities participated in the event. The pageant consisted of four parts: trivia, lip sync, cook-off and a talent portion. In addition, throughout the program, facts about today's youth and AIDS are shared with the audience to educate our peers. This year's Miss SigEp is Kim Caraig of Chi Omega, and the event raised \$1,500.

Florida State 'Spikes Out' against HIV/AIDS

In early April, the Florida Epsilon Chapter used the sunny Florida weather to its advantage. Spike Out AIDS Week included a volleyball tournament and Queen of Hearts pageant. Both events were a huge success and raised over \$3,000.



Washburn Fights the Good Fight against HIV/AIDS

SHAWN WALKER, '06

The Kansas Delta Chapter raised awareness of the YouthAIDS partnership at Washburn University by hosting a YouthAIDS awareness week. This awareness week happens every semester, starting in the Spring of 2004. During this week, brothers volunteer to sit at a booth located at the busiest spot on campus, handing out information and free condoms. The pamphlets and flyers distributed are provided by the Topeka AIDS project, the Kansas Department of Health and Environment (KDHE), and YouthAIDS.

SigEp also hosts one event night during that week which features a keynote speaker. The speaker talks about the symptoms, dangers, and the developing research the world is doing for AIDS. The first speaker was Washburn University's Dr. Ron Ash, a biology professor, who has worked with the chapter before on similar projects. "Hosting an event to involve the whole campus was really helping to spread the word, but it just didn't seem like we were doing enough", said Shawn Walker, '06.

The men of Kansas Delta reached more people with their Spring, 2005, YouthAIDS week by holding a concert on campus with three local bands. "Rockin' for a Reason" included each band playing one set while Christian Watson addressed the crowd. Christian has HIV and joined SigEp at Washburn for one semester in the '70s before he transferred to another school. He was very proud to see his former chapter taking the initiative to spread awareness and was honored to take part in this spring's YouthAIDS week.

John Carroll's Raffle

The Ohio Upsilon Chapter held its second annual YouthAIDS raffle. Two gift baskets were raffled off; one was a woman's care package (included local donations from John Roberts Spa, Rosalina Markfrank, The Body Shop, Mary Kay Cosmetics, etc.), and the other was a man's package (included a Microsoft XBOX, 15" car light, nine pound Nestle Crunch bar, etc.). The woman's care package was valued at \$500 and the man's at \$250. For the second year in a row, Ohio Upsilon donated \$1,000.



Ohio Northern on AIDS Awareness Day.

Ohio Northern Co-Sponsors Free HIV Testing and AIDS Awareness Day

JONATHAN F. JAMES, '07

On Wednesday, April 20, 2005, the Ohio Alpha Chapter at Ohio Northern University co-sponsored an AIDS Awareness Day with the university's gay/straight alliance, Open Doors. The brothers and members of Open Doors worked a donation table to raise funds the week leading up to the AIDS Awareness Day. While working on fund raising at the donation table, SigEp also provided educational pamphlets and brochures from YouthAIDS. The brothers also distributed red ribbons for all who donated to take and wear anytime, but especially on the AIDS Awareness Day. Finally, Ohio Northern University's AIDS Awareness Day arrived, and SigEp and Open Doors brought to campus free OraQuick HIV testing, provided by the local Health Department in Lima, Ohio. Testing took place in private rooms in the ONU Student Union, with all the rooms occupied by ONU students and professionals from 11:00 a.m. to 5:00 p.m. During the day, ONU students were encouraged to come, sign up and confidentially get HIV tested at a time convenient for them. The chapter is pleased to co-sponsor this event with Open Doors.

UC-Irvine's ULTIMATE Dodge Ball

NATHAN CLARK, '03

In March, 2005, Ultimate SigEp Dodge Ball pitted seven sororities, five fraternities and two non-affiliated teams against each other. The action was fast and the dodge ball was faster. Each team was assigned two SigEp coaches, and SigEp's very own disc jockey, "Vu Boi," and his crew, "Ice Cold Cuts," provided music for the event. First place trophies were awarded for the men's and women's leagues. Ultimate Dodge Ball raised \$1,000.



"The only good is knowledge and the only evil is ignorance."

—Socrates

SigEp Bets on Success

SigEp at Utah State University held a Texas Hold'em poker tournament and donated \$1,100 to YouthAIDS. Over 170 poker players entered the tournament and enjoyed bottomless coke products for two dollars. The buy-in was \$10 with an optional second buy-in for another \$10. The winner took home a 27-inch flat screen television, while second place won an MP3 player, and third place won a poker set. Other prizes included DVD players, Utah State apparel, and gift cards.

Campus Awards-SigEp Chapters Recognized

Every spring reports reach Richmond of annual awards banquets where SigEp has won numerous accolades. Below is a partial listing of similar awards. Consecutive years are noted in parenthesis.

Austin Peay State

Athlete of the Year
Campus Leader of the Year
Chapter of the Year
Organization of the Year

U. of Cincinnati

Advisor of the Year
Athlete of the Year (4)
Chapter of the Year
Greek Man of the Year

Colorado School of Mines

Chapter of the Year
Intramural Champions

Colorado State

Chapter of the Year

Denison

Chapter of the Year
Greek Man of the Year
Outstanding Greek Athlete

Eastern Illinois

Chapter of the Year
GPA Award (8)
Intramural Champions
New Member of the Year

George Washington

Chapter of the Year
Member Education Award

Illinois

Advisor of the Year
Chapter of the Year (2)
New Member of the Year

Jacksonville State

Campus Involvement
Chapter of the Year
Intramural Champions (2)

Louisiana State

Athlete of the Year
Chapter of the Year
New Member of the Year

U. of Miami (Florida)

Campus Involvement
Chapter of the Year
Greek Man of the Year
New Member of the Year

Michigan

Alumni Relations
Chapter of the Year
Greek Man of the Year
Intramural Champions

Mississippi State

Alumni Relations
Campus Involvement
Chapter of the Year

Morehead State

Chapter of the Year (2)
Greek Man of the Year (3)

Nebraska-Omaha

Campus Involvement
GPA Award (2)
Intramural Champions (9)
New Member of the Year

Oregon State

Chapter of the Year
GPA Award
Intramural Champions

U. of Pittsburgh

Chapter of the Year

South Florida

Chapter of the Year
Campus Involvement
GPA Award

Stetson

Advisor of the Year
Chapter of the Year
GPA Award



Augie Nelson Golf Tournament

Every year the Nebraska Gamma Chapter hosts the Augie Nelson Golf Classic benefiting the National Kidney Foundation of Nebraska (NKF). **Augie Nelson, '67**, is a founding member of the chapter and had kidney disease. Chapter brothers collect hole sponsorships from local businesses, and these sponsorships are then donated to the National Kidney Foundation of Nebraska. Alumni and donating businesses participate in the golf tournament by paying a registration fee that benefits both the chapter and the NKF.

"The Augie Nelson Golf Tournament is an opportunity for the men of Sigma Phi Epsilon to give back to the community through a worthwhile cause," said Marcus Donner, '06. Since the introduction of the Augie Nelson Golf Classic seven years ago, SigEp has become the leading fraternity in raising money through philanthropic events. On average, SigEp has donated \$7,000 to the National Kidney Foundation of Nebraska.



Mulhenberg's Pizza Perfecta

The Pennsylvania Iota Chapter raised over \$650 for Turning Point, a shelter for women and children who are victims of domestic abuse, with its "Pizza Perfecta." SigEp raised money by first asking local pizzerias to donate free pizza and obtaining soda donations from Pepsi. Brothers then sold tickets for "Pizza Perfecta" to the general student body, with the proceeds going to charity. A student band provided entertainment, while the brothers set up, took tickets, and served pizza and soda.

Florida Closes out the Year on Top

Currently, a SigEp brother is Student Senate President, Vice President of the Interfraternity Council, President of the Pre-Medical Society, Founder and President of the Footprints Mentor Program, President and Treasurer in the Building Construction School, and Cabinet Director. In addition, we currently have brothers involved as Student Senators, in Cicerones, Blue Key, City of Gainesville Board, Savant, Mortar Board, and much more. In athletics, Florida Alpha reigned supreme, winning the President's Cup. It is awarded to the fraternity with the best overall athletic record in 11 sports. Not only did SigEp win, but the margin was over 400 points. In October, Surf Frenzy raised over \$6,000 for The Surfrider Foundation, a non-profit environmental organization dedicated to the protection and enjoyment of the world's oceans, waves, and beaches.

San Diego State Hold Opponents Scoreless, Retains Crown



San Diego State's two-time champion IFC soccer team.

After taking the IFC soccer tournament last year, the Cal Delta team was confident about winning the tournament again this year. With the team anchored by **David Brawley '06**, **Jon Maglione '07**, **Jaime Ceglarz '07**, **Mike Pitcher '07**, and **JP Navarro '07**, it looked like a great year right from the start. Then with the addition of **Mike Castro '08**, **Rhys Clark '08**, **Kyle Stanley '08**, **Evan Wong '08**, **Hunter Hartman '08**, **Gregg Ontell '08**, **Chris Stein '08**, and **Jarin Redman '07**, this team appeared to be unstoppable. And it was! The SigEp soccer team plowed through all the other fraternities without giving up a single goal. This team was the first in tournament history to hold their opponents scoreless. First place in soccer, together with a victory in dodge ball, earned Cal Delta a third-place finish in IFC sports overall.

George Washington Coaches Little League Indians

BY JIMMY SILK, '07

In the spring of last year, the D.C. Alpha Chapter sponsored the Indians, a baseball team competing in the Northwest Washington Little League. SigEp helped pay for uniforms, field maintenance, and equipment. Last year the team was coached by **Dan Bartlett, '04**, **Ankur Modi, '04**, **Matt McDonough, '04**, and **Jimmy Silk, '07**. Together they worked with 13 children,

ages nine and ten, from April through June. This age group is critical, as it is the first time they face live hitting and can steal bases. The team went 2-7, but the coaches stressed the importance of being a teammate and friend rather than winning. At the end of the season, they invited the players and their parents to the chapter house for a pizza party.

This year, Jimmy and Matt McDonough are currently coaching the Indians, and the team is unbeaten (4-0). Practices are held once a week and games are twice a week on Wednesdays and Saturdays. Chapter brothers come out to watch and cheer on the team. Jimmy and Matt also spend time during the week and weekends preparing the fields around D.C. for games. The two are seen dragging, raking, mowing and lining the fields. There are 350 children competing in the league, and the chapter will host another pizza party at the chapter house to celebrate (hopefully!) a perfect season.



Our Very Own Frat Boys

Chapters that do not live up to the ideals of Sigma Phi Epsilon bring dishonor and disgrace to our name. *The Journal* reports these stories to inform its readers and to show that actions have consequences.

Temple

Earlier this year, the chapter was suspended by the school after several members wrote homophobic and racist comments on a brother while he was passed out. A picture of this was posted on the Internet. In addition to the suspension of the chapter, several members were expelled for their actions. Local volunteers were engaged with Headquarters and helped establish sanctions for the chapter. The chapter violated its suspension with an illegal social function at the chapter house, and the school revoked its recognition of the Pennsylvania Mu Chapter. Due to its current actions and resistance to aid from both local volunteers and the Headquarters staff, the National Board of Directors voted to close the chapter effective July 22, 2005. Headquarters is working with the local volunteers and the University to determine a future return to campus.

Baylor

Baylor University administrators notified Headquarters of potential hazing and alcohol policy violations regarding the Texas Rho Chapter. An immediate investigation, led by local volunteers, both Baylor University and SigEp Headquarters, confirmed the allegations. New members were being hazed and the chapter was using funds to supply alcohol.

Some new members brought the above information to the attention of the University and were later physically and mentally threatened by chapter members for their actions. Three members of the chapter were questioned by police. One member was arrested and charged with underage possession of six empty kegs. Another member was arrested and charged with 270 counts of serving alcohol to minors.

In light of these actions, the National Board of Directors withdrew the chapter's charter. Headquarters and Baylor University administrators are working together to develop a timeline for the return of SigEp to Baylor's campus.

Bucknell Aids Sri Lanka Schoolchildren

By ERIC AUGUSTYN,
Bucknell '06

The chaos and devastation caused by the Indian Ocean earthquake shocked the world. The scale in which it ravaged people and their communities was, and continues to be, unthinkable. The destruction may have been a world away to many SigEp chapters around the country, but for the Pennsylvania Kappa Chapter at Bucknell University, the disaster struck a personal chord. **Oshan Wickramanayake, '05**, originally from Colombo, Sri Lanka, had returned home for winter break, and his whereabouts were initially unknown to many of his friends back in the States. **Devin Cooch, '05**, recalls his instinctive reaction, "We were all worried and concerned about Oshan and his family...it was a big relief when we found out he was okay." **Brian Troast, '06**, remembers thinking immediately, "What can I do to help?"

Recognizing the urgency of the situation, SigEp raised \$1,200 for relief efforts in Sri Lanka. Brothers raised money in different ways and many just gave what they could spare. On February 10, 2005, with the help of contacts in Sri Lanka, SigEp was able to complete two projects. The first project involved assisting a preschool in the southern Sri Lankan town of Tangalle. This daycare/preschool was washed away by the Boxing Day Tsunami, and is now temporarily relocated to the principal's home. The students work under a tent in the garden without any of the equipment or amenities they had in their old classroom.

In an effort to return some form of normalcy to their lives, SigEp donated equipment for the preschool: a writing board and pens, 12 small chairs, jigsaw puzzles, rubber balls, wooden educational toys, a plastic rack with castors, posters for the class-



Bucknell SigEps donated the money to pay for shoes for these schoolchildren in Sri Lanka.

room, number and alphabet boards, two dolls, and a Lego set. To help with their education, each of the 17 students was given a package containing a pencil, eraser, sharpener, pencil box, two drawing books, coloring book, box of crayons, box of color pencils, glue, a pair of scissors, drink bottle, plate, and a cup.

The second project involved buying children standard school shoes. These students had lost most of their belongings when the tsunami washed away their homes. The students chosen were living at the Kahawa Displaced Peoples Camp, located in Ambalangoda, a town on the Southwestern coast of Sri Lanka. Fifteen students were provided with the shoes and two pairs of socks.

In response to the pictures from the two

projects, many brothers were overwhelmed. "It is amazing how much we could do for them with so little that we gave, it definitely hits home when you see the people you are helping," says Cooch. According to **Joel Bettner, '05**, "It is great to see people coming together and helping people they don't even know...it shows the love and the human spirit."

SigEp is resolute on continuing its efforts to help Sri Lanka recover from this natural disaster. The second phase of the project includes plans to donate mattresses and mosquito nets to families affected by the disaster.



Mississippi State Hits Homerun with its Fall Classic

In Starkeville, Mississippi, folks do not have to travel to a fancy MLB stadium to see the Fall Classic. They just go watch other fraternities participate in the Mississippi Beta Chapter's Fall Classic. The brothers are proud of the fact that the tournament involves wooden bats instead of aluminum ones and baseballs instead of softballs. In 2004, seven teams battled it out in the tournament. For the men of Mississippi Beta, the Fall Classic serves as a Sound Body event.

On the fund-raising side, members of the chapter sell ads to local businesses for the program guide. The chapter also sells Fall Classic T-shirts and tickets to the games. The proceeds from the Fall Classic go to the Oktibbeha County Boys' and Girls' Club. This year, SigEp presented the Club with a check for \$5,500 just before the opening of its new facility. The donation would allow the Boys' and Girls' Club to furnish classrooms where the children meet after school.

In 2005, the chapter hopes to add a home-run derby to the week long tournament.

U. of Richmond's Baran Aids London Bombing Victims

As *The Journal* went to press, we learned of **Sean Baran's**, '07, heroic actions in London, England, on July 7, 2005. He spent some time with *The Journal* recounting the events.

The day of the bombings was his final day interning with British American-Business, Inc. That morning, he boarded a double-decker bus, unaware explosions had shut down the subway. He saw injured people streaming out of the subway and knew that a terrorist act happened.

Sean remembered the events of September 11 and how his high school, located 45 minutes from New York City, shut down. Everyone was trying to contact family who worked in the city. He remembered the feeling of helplessness and vowed to be ready to do "something" the next time the need arose. That something was becoming a volunteer Emergency Medical Technician, which he did the following summer. The next time was in London.

Sean got off the bus and found a paramedic. Soon he was placed with the medical incident command inside of the Hilton Hotel, the lobby transformed into a make-shift triage center. For the next three hours, over 60 wounded people were stabilized and taken to the hospital. Sean dressed and performed triage on 15 people.

Under normal circumstances, there are two EMTs, one ambulance, and one paramedic per victim. There was one paramedic, a few EMTs and off-duty nurses and a French doctor who was staying in the hotel. These were not normal circumstances. Sean had seen and treated these injuries before—the smoke inhalation, burns, and lacerations, but he had never seen so many people with them at one time.

After the last victims were on their way to the hospital, Sean walked out of the hotel to finish the last day of his internship. When he stepped over the police line, someone asked if he had been in the



Brother Baran talks to the media in the aftermath of the bombings.

hotel. He said yes, and the media circled around him. He spoke to reporters from Canada, Germany, Japan, Ireland, and the US. His voice was heard on the Today Show with Katie Couric. Sean made it a point not to speculate or say anything that would cause a stir. He stuck to what he knew and what he saw.

Since returning to the US, he has appeared on the Today Show, Good Morning America, CNN News with Soledad O'Brien, Eyewitness News, CN-8, Channel 2 News, Inside Edition, On the Record with Greta Van Susteren, Dateline, WNBC-TV, MSNBC, the Alex Bennett Show, UPN-9 and Larry King Live. His role in this was vital, but he does not tell his story with excitement. "If I could trade all this notoriety for the bombings not happening, I would," he said. "People suffered and died. I did what I could to help."

Sean is back at his home in New Jersey and is interning on the trading floor of Bear Stearns. He looks forward to returning to campus this fall.



Tom Bolick and Matt Carlough

Several brothers of the North Carolina Kappa Chapter knew that **Tom Bolick**, '08, needed to go to the hospital the moment he walked into the room of Chapter President **Jonathan Edwards**, '06, on October 31, 2004. Tom complained about being violently ill and disoriented, and then he collapsed. Some thought it might be food poisoning—after all he did eat at the on-campus cafeteria. Others saw it a bit

Saving a Brother's Life—East Carolina's Tom Bolick

By **E. SCOTT THOMPSON, II**,
Southern Mississippi '99

differently. In the end, their gut reaction to call 911 proved to be a life-saving one.

Matt Carlough, '08, volunteered to ride with Tom in the ambulance to the hospital. The EMTs were a bit skeptical of his condition, but when the head doctor saw how dilated Tom's eyes were, he suspected the worst. Later that evening in the emergency room, Matt learned that Tom had suffered a brain aneurysm and called Jonathan.

Matt's words hit home—had we delayed in getting Tom medical attention, he would not have survived. Jonathan and **Brad Greaver**, '05, rushed to the hospital. By the time they arrived, Tom was deep in surgery, and Tom's parents were just getting to the hospital as well.

During the neurosurgery for the blood clot, a cancerous tumor was discovered. Matt, Jonathan and Brad stayed with Tom

and his parents until 4:00 a.m. when he was transferred to the intensive care unit. Tom spent several weeks before being transferred to a hospital closer to his home in Raleigh. Matt, who lived nearby, would bring Tom back to campus and to the chapter house throughout the spring semester as a way to lift his spirits. It worked.

Tom is making progress toward a full recovery. He is returning to campus this fall and is taking a minimum number of hours so that he won't be overwhelmed. This fall, Matt is spearheading a fund-raising effort to raise money for brain cancer research—SigEp is going to sell brain cancer bracelets. The brothers of the North Carolina Kappa Chapter exhibited great care and concern for Tom, and their actions helped him make a rapid recovery.

SIGEP IN CONCERT • 49th Grand Chapter

CONCLAVE

AUGUST 10th — 14th NASHVILLE 2005

Nashville played host to the 49th Grand Chapter Conclave, and there were many newsworthy events for the Fraternity. Registration for Conclave was the second highest in SigEp history with 1,352 SigEps and guests. This was second only to the Centennial Conclave in 2001, which had 1,624 registrants.

Thirty-three chapters received Buchanan Cups, including three Golden Buchanan Cups for a decade of excellence. Combined, these chapters had a 3.15 GPA and an average of 83 men. Five-time Grammy winning artist and Music Ambassador for YouthAIDS, Wynonna Judd addressed the crowd at the Ryman Auditorium during the Balanced Man Celebration. SigEp renewed its partnership with YouthAIDS for 10 years.

During the Educational Foundation Luncheon, Past Grand President and Sigma Phi Epsilon Citation and Order of the Golden Heart recipient **Bill Tragos, Washington U. in St. Louis '56** and his wife Lilli provided a \$1 million endowment to fund the *Quest to Greece* in perpetuity. In appreciation for their gift, the *Quest to Greece* will now be known as the **Tragos Quest to Greece**.

Brother Tragos and Lilli have made a generous gift that will benefit Sigma Phi Epsilon for years to come. Their endowment will provide a professor of the classics to participate in the programs of the Leadership Continuum. This will provide continuing emphasis of classic Greek philosophy centered on the Balanced Man Ideal of developing a Sound Mind and Sound Body.



Bill Tragos, Washington U. in St. Louis '56 and his wife Lilli address the crowd after the announcement of the Tragos endowment for the Quest to Greece.



Above: Ryan P. Mendlik, Nebraska '07, accepts the Golden Buchanan Cup for the Nebraska Alpha Chapter.



Above: Oracle Chairman Jeff Henley, California-Santa Barbara '66 accepts the Sigma Phi Epsilon Citation Award.

Spelling Bee Champion Anyruag Kashyap with Rod Smart, Sacramento State '77 at the Educational Foundation Luncheon.

Also attending the Educational Foundation Luncheon was 2005 Scripps Spelling Bee Champion **Anurag Kashyap** of Poway, California. Accompanied by his parents, Chandra and Archana, Anurag accepted a framed certificate honoring his accomplishment. In 2005, the Educational Foundation partnered with the Scripps Spelling Bee and



Below left: Erik Weihenmeyer speaks to 1,300 SigEps at the Brotherhood Luncheon. Below right: Erik's dog "Willi"

provided a \$5,000 scholarship for the champion. Anurag attended the Sigma Phi Epsilon Educational Foundation Board of Governors Dinner later that evening and was

recognized as a new member of the Board of Governors, sponsored by past members of the Sigma Phi Epsilon Headquarter staff.

Over 110 SigEps participated in the Conclave Sound Body 5K run. The route circled the Centennial Park in Nashville and ended at the steps of the Parthenon, a re-creation of the ancient Greek icon in Athens.

The first blind man to summit Mount Everest, Erik Weihenmeyer, spoke at the Brotherhood Luncheon.

His message centered on focusing the mind to overcome any obstacles, and he shared many stories of triumph over tragedy. **Scott R. Erwin, Richmond '04**, received the Honor of Philias. Brother Erwin delayed his senior year to travel to Baghdad, teaching democracy to Iraqi youth. Insurgents tried to kill him, and his life was saved by an Iraqi translator.

From the legislation floor, undergraduates voted to raise the academic minimum standard for all chapters from a 2.5 GPA to a 2.6 GPA, supporting the Fraternity's vision to have a 3.0 cumulative GPA by 2011. A fee

C O N C L A V E H I G H L I G H T S

increase is set to take place on January 1, 2006. For Balanced Man Program chapters, member fees are raised to \$275, and for pledging model chapters, fees are \$100 at the time of joining and \$175 upon initiation. Annual dues for all undergraduates will be raised from \$60 per man to \$75 beginning in the Fall of 2006.

At the Alumni Awards Dinner, five SigEps received the Sigma Phi Epsilon Citation for achieving uncommon success and stature in their individual careers. This year was the first where two biological brothers were recognized with the Citation. Five SigEps received the Fraternity's most prestigious award, the Order of the Golden Heart.

The Honorable **Archer L. Yeatts, Richmond '64**, was elected Grand President and Christopher L. Bittman, Colorado '85 was reelected Grand Treasurer.

Brothers newly elected to the National Board of Directors include: **Richard W. Bennet, III, Central Missouri '74**; **Steven B. Shanklin, Murray State '70**; **Joseph M. Baird, Florida Atlantic '07**; **Brian J. Barclay, Loyola Marymount '06**; and **Christopher S. Purdum, Wichita State '07**. Reelected to a second six-year term was **Garry C. Kief, Southern California '70**. Brother Bennet fills a six-year term previously held by **Roger Van Hoozer, Washburn '72**. Brother Van Hoozer completed two six-year terms—the maximum allowed under the Fraternity's bylaws. Brother Shanklin fills the unexpired term of Brother Yeatts for the remaining two years of his term. Brothers Baird, Purdum, and Barclay will serve two-year terms as Student Directors.

Look for complete coverage in the next issue of *The Journal*.



Honorable Archer L. Yeatts, Richmond '64, was elected Grand President at the Alumni Awards dinner

Conclave Highlights

Sigma Phi Epsilon Citation & Awards

Five SigEps received the Sigma Phi Epsilon Citation for achieving uncommon success and stature in their individual careers. This was the first time in the history of the Citation that two biological brothers were recognized.

Jeff Henley, California-Santa Barbara '66, Chairman of Oracle Corporation

Garry C. Kief, Southern California '70, Founder, Stiletto Entertainment

Mark McClellan, Texas '84, Administrator of Centers for Medicare and Medicaid Services

Scott McClellan, Texas '90, President George W. Bush's White House Press Secretary

Sam Poole, Theil '69, former President and CEO of Maxis, Inc.; Founder, Poole Investment Ventures

Order of the Golden Heart

Conceived by Past Grand President **Bedford W. Black, Wake Forrest '41**, this honor is conferred upon only those few alumni who, over a lifetime of dedication to Sigma Phi Epsilon, perform exceptionally outstanding service to our Fraternity.

Clark H. Byrum, Indiana '57

Honorable Mitchell G. Crane, West Chester '77

Michael A. Green, California-Berkeley '62

Edward H. Hammond, Emporia State '66

James F. Robeson, U. of Cincinnati '59

Buchanan Cup

The Buchanan Cup was established in 1961 as the Chapter Leadership Cup to recognize outstanding chapters. In 1967, the award was named for Edwin Buchanan of the Ohio Gamma Chapter at the Ohio State University. "Buck" served as Grand President from 1953 to 1955 and as Grand Treasurer from 1932 to 1967.

The following chapters are working toward greatness, consistent excellence over time. The average GPA for a Buchanan Cup chapter is 3.15, on target with the Wheelhouse. Further, the average manpower for these chapters is 83, well above SigEp's average of 53. They are SigEp in Concert, having found harmony between quantity and quality and the pursuit of excellence.

California Chi Chapter - Loyola Marymount University

California Mu Chapter - Cal Poly Pomona

District of Columbia Alpha Chapter - George Washington University

Florida Gamma Chapter - University of Miami

Florida Iota Residential Learning Community - University of South Florida

Georgia Delta Residential Learning Community - University of Georgia

Indiana Alpha Chapter - Purdue University

Indiana Zeta Residential Learning Community - Valparaiso University

Illinois Alpha Residential Learning Community - University of Illinois

Illinois Gamma Residential Learning Community - Monmouth College

Illinois Lambda Residential Learning Community - Northwestern University

Illinois Nu Chapter - Eastern Illinois University

Iowa Delta Residential Learning Community - Drake University

Kansas Beta Chapter - Kansas State University

Kansas Eta Chapter - Wichita State University

Kentucky Zeta Chapter - Morehead State University

Louisiana Gamma - Loyola University

Massachusetts Theta Chapter - Babson College

Missouri Zeta Residential Learning Community - Southeast Missouri State University

Missouri Eta Chapter - Missouri State University

Nebraska Gamma Chapter - University of Nebraska-Kearney

New Hampshire Alpha Chapter - Dartmouth College

North Dakota Alpha Residential Learning Community - University of North Dakota

Ohio Gamma Residential Learning Community - Ohio State University

Ohio Iota Residential Learning Community - University of Toledo

Oregon Alpha - Oregon State University

Pennsylvania Kappa Chapter - Bucknell University

Tennessee Eta Chapter - Austin Peay State University

Texas Alpha Chapter - University of Texas

Virginia Alpha Residential Learning Community - University of Richmond

Gold Buchanan Cup for a Decade of Excellence

Winning at Least Five Consecutive Buchanan Cups

Iowa Theta Residential Learning Community - University of Northern Iowa

Ohio Theta Residential Learning Community - University of Cincinnati

Nebraska Alpha Residential Learning Community - University of Nebraska

Two USC Brothers Conquer Argentina's Mt. Aconcagua

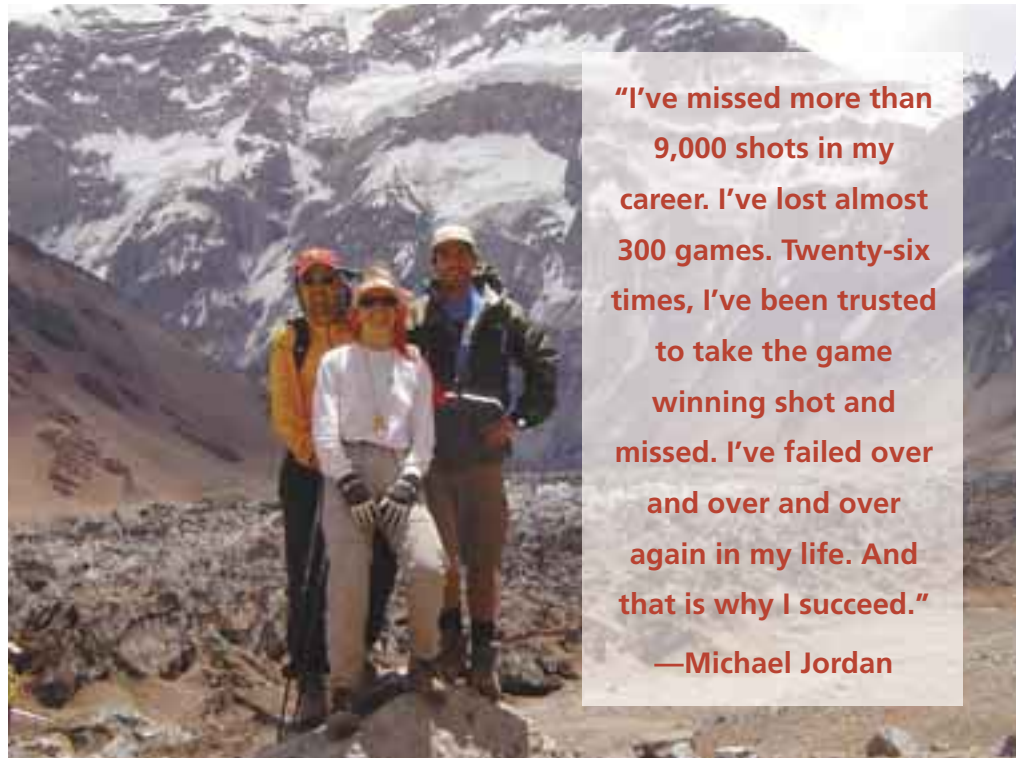
For Brothers **Paul Fejtek '92** and **Shawn Sedlacek '93**, higher is better. On January 3, 2005, the two Cal Beta SigEps set out to climb Mt. Aconcagua in Argentina, the highest peak in the Western Hemisphere. A staggering 22,840 feet tall, the "stone sentinel," as it is known, is the second highest of the Seven Summits, next only to Mt. Everest.

The 15-day expedition started with a 12-hour flight to Mendoza, Argentina, where they were joined by 19 other climbers from seven countries around the world. This mentally and physically strong group (including SigEp Sweetheart Denise, now Paul's wife) assembled with ice axes, crampons, and an appetite for an extreme challenge. Mules were packed with necessary provisions and the group set out for a 28-mile hike up to base camp at 14,000 feet. This is where the all-important acclimatization process begins, and not everybody reacts in the same manner.

Dangers on the Mountain

Three members of the climbing party had to be evacuated by helicopter due to unusually low blood oxygen saturation levels. A low reading is a primary symptom for high-altitude pulmonary edema (HAPE), in which the lungs fill with fluid. The condition is deadly if not treated immediately. As the remaining members of the party occupied their time with day hikes and ice climbing around base camp, they learned of a tragedy higher up on the mountain.

"Apparently, a Brazilian husband/wife team reached the summit well after the prescribed turn-around time and got caught in a snow storm on the way back down. Although the wife survived, the husband froze to death on the trail by her side. The body was being carried down when we heard the news," Brother Fejtek reported. "On top of this, we witnessed a massive avalanche on the South Face, and a member of our group was hit by a large boulder tumbling out of control," Brother Sedlacek recounted.



"I've missed more than 9,000 shots in my career. I've lost almost 300 games. Twenty-six times, I've been trusted to take the game winning shot and missed. I've failed over and over and over again in my life. And that is why I succeed."

—Michael Jordan

From left, Paul Fejtek '92, his wife Denise, and Shawn Sedlacek '93 successfully conquered Argentina's Mt. Aconcagua in January.

A Sound Body Survives

Despite these unsettling and unfortunate events, Paul and Shawn forged ahead toward their goal. They battled fierce winds, sub-zero temperatures, and labored breathing in the oxygen-deficient environment of extremely high altitude. "Above 20,000 feet is where the months of physical preparation really pay off", says Paul, who competes in triathlons and squeezes training into his schedule six days per week. "As with endurance sports, fluid intake is key to peak performance and drinking six to seven liters of water per day in these arid mountains is critical to prevent dehydration. The only trick is that all of it comes from melting an incredible volume of snow in small cooking pots."

At 3:00 a.m. on the 13th day, the previously threatening storms had passed and the climbers awoke to a star filled sky—perfect for a summit attempt. "A real challenge we had that morning was

climbing in the biting cold while heeding the warning signs of frostbite," Shawn recalls. "Fortunately the rising sun brought the temperature above 0° F and the weather cooperated throughout the day." "Even though our bodies and lungs were screaming for us to stop, we kept pushing onward and upward," Paul described. Along the way four additional members of the group could no longer persevere and had to turn around.

After 13 tedious hours, Paul and Shawn stood on the summit of Mt. Aconcagua, proud of their victory and pleased that they were able to endure the challenge. Both agreed that this was the most difficult trial of their lives. Brother Sedlacek adds, "Beyond the amazing physical challenge, it's also an extraordinary mental game that requires focus, determination, and the sheer will to take just one more step." Whether it's a big mountain or life itself, those are probably words to remember.

St. John's Alumnus President of the Order Sons of Italy in Its Centennial Biennium

By E. SCOTT THOMPSON, II,
Southern Mississippi '99

St. John's University vice president **Joseph Sciame, St. John's '71**, was elected national president of the Order Sons of Italy in America (OSIA) at its 48th biennial national convention in St. Louis, Missouri, in 2003. Brother Sciame is the 30th national president in OSIA's 99-year history.

Brother Sciame is vice president for community relations at St. John's University in New York City, and resides in New Hyde Park, New York, where he is a charter member of the local OSIA Cellini Lodge #2206.

A former chair of the National Association of Student Financial Aid Administrators, he has advised over 150,000 parents on financial aid and higher education, and is a member of some 15 boards, foundations and community organizations.

Brother Sciame joined OSIA in 1968 and, over the years, worked his way up through the ranks of the OSIA leadership from lodge president to state president of New York to national first vice president, his last post before becoming national president. His grandparents emigrated from Sicily at the turn of the last century.

OSIA is the largest and longest-established national organization for men and women of Italian descent in the United States. Established in 1905, it has an

estimated 600,000 members and supporters and a network of more than 700 chapters coast-to-coast.

To kick off the OSIA's centennial celebration, Brother Sciame took a trip,



Brother Sciame with the late Pope John Paul II and Italian President Carlo Ciampi (inset).

along with 100 members and friends of the OSIA in honor of its 99th anniversary, to Italy and met with the late Pope John Paul II and Carlo Ciampi, President of Italy. On June 22, 2005, the 100th anniversary of the OSIA, Sciame led some 450 members in an Oath of Recommitment on the steps of New York's U.S. Customs House. OSIA's 49th biennial convention will be in August, 2005, in New York City.



Illinois State Alumnus Bring Kramer Games to Chicago

SUBMITTED BY JAMES BREITBEIL
Illinois State '91
kramer@kramergames.com

James Breitbeil, Illinois State '91, A.K.A. "Kramer" and his partners will introduce The Kramer Games to all SigEps in the greater Chicago metropolitan area this summer. The event will take place from June through September in the Chicagoland area.

The Kramer Games is a truly unique event. For 13 years, a small group of SigEps have gathered in the spirit of friendship and competition. The Kramer Games is a team-oriented two-day sporting competition. Teams of four will

compete against the rest of the field in 18 holes of golf, 3-on-3 basketball, 3-point shooting, softball home-run derby, and a no-limit Texas Hold 'em Tournament. With five separate disciplines of competition, The Kramer Games provides a fun and challenging format. Each event is a separate competition, but the order of each team's finish in each event is counted toward a cumulative score and an overall Team Champion. The winners' names will be engraved on the coveted Kramer Cup.

The Kramer Games' unique concept and ambitious event schedule has already attracted the interest of "The

Score" WSCR-670AM, which recently signed on as this year's Title and Promotional Sponsor.

Many teams are already preparing for the first two Kramer Games' weekends, which will be held at Maple Meadows Golf Course and the Itasca Park District on June 25-26, July 23-24 and August 20-21, respectively. Dates and locations for the fourth event and the Tournament of Champions are in negotiations.

For more information, the full 2005 schedule of events, or to register a team, go to: www.kramergames.com.

U. of Cincinnati Alumni Organize Desert Swarm '05 Reunion

BY HAL MCGLATHERY,
U. of Cincinnati '62

This multi-class SigEp reunion held May 12-15, 2005, in Scottsdale, Arizona was conceived in November, 2002, at the 40th Anniversary reunion of the Class of 1962. Those attending in 2002 had an inspirational experience, and felt those SigEps unable to attend missed a wonderful fraternal happening. So the group decided to hold a special reunion at a destination resort in metropolitan Phoenix, since at least a half dozen SigEps had settled there. **Steve Austin '62** agreed to head a gathering in the Spring of 2005. The event was dubbed "Desert Swarm 2005," and invitations were extended to the surrounding classes.

Desert Swarm 2005 began on Thursday evening with a mixer. Friday activities included a golf tournament, trip to Sedona, shopping, and a private informal dinner at Don and Charlie's, a popular Scottsdale Restaurant. **Tom Miller '61**, served as emcee and elicited memorable and funny stories from many SigEps about our days at 321 Joselin Avenue.

Saturday evening included a cocktail party, a group photo, and a great buffet dinner with SigEps grouped by classes. Tom Miller served as emcee for

the program that included an invocation and commemoration of the names of our deceased brothers by **Jerry Shawhan '58**. The evening concluded with the traditional fraternity song circle led by **Jay Nelson '63** as people suddenly recalled the words to songs they had not sung for 40 years.

Desert Swarm 2005 concluded Sunday with a continental breakfast, departures, goodbyes, promises to meet again, and many kudos thrown to Steve Austin for his great leadership, selection of reunion sites, and the organization of the reunion.

"Desert Swarm brought back memories of a lot of happy times at UC. It was amazing how being together after so many years, so many of us recalled things in vivid detail we hadn't thought of for 40 years. The most common example of this was fraternity songs. Before the sing on the last night, everyone I spoke to laughed at the prospect of a group sing. Most said that they couldn't remember the songs, much less the words. But as Jay started us off, it seemed that everybody remembered all at once, and if I do say so, we sounded pretty good," said **Tom Miller '61**.



SigEp attendees*

Class of '58: Jerry Shawhan

Class of '60: Ron Fisk, Dick Harrison, Jim Phelps, and Bill Roth

Class of '61: Bruce Blackburn, Bob Fessler, Wayne Fiskus, Bill Keane, Tom Miller, and Jesse Stock

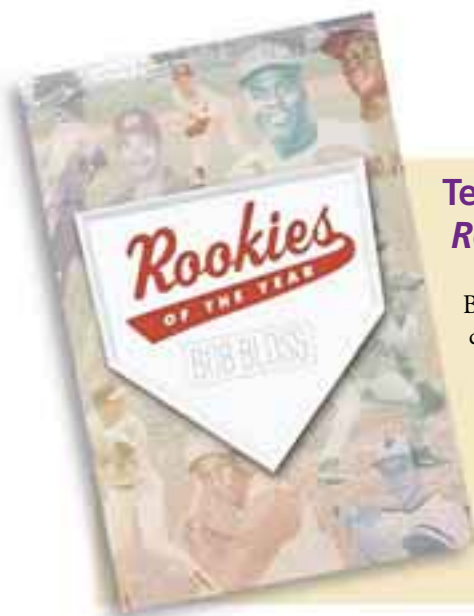
Class of '62: Steve Austin, Chuck Connell, Glenn Cooper, Mel Haas, Al Harmann, Bill Hedger, Bob Heldman, Bill Kramer, Rex Levering, Hal McGlathery, Jim Teller, Lou Thaman, and Tom Whaley

* *Tim White '61, Ralph Krisher '62 and Don Ochsner '62 planned to attend but family medical reasons prevented their attendance.*

Class of '63: Dave Allen, Jim Barrett, Bill Freudenberg, Jim Jones, Pat McCleary, Larry Moody, Jay Nelson, Mike Powell, and George Scheuernstuhl

Class of '64: Jim Davis, Bob Feltz, Mike Hard, Larry Helscher, Terry Johnson, Fritz Kindsvatter, Larry Kroovand, Paul Morris, Vic Piper, Paul Vogelgesang

Class of '65: Rick Durham, Sean Hoyt, Dan Mitchell, Bo Mowry, Buzz Slavin, and Jim Wells



Temple Alumnus Pens Rookies of the Year

From Jackie Robinson in 1947 to Jason Bay and Bobby Crosby in 2004, *Rookies of the Year* is a comprehensive profile of the 116 honorees who have received this unique and prestigious award from the Baseball Writers' Association of America.

Bob Bloss '57, new book salutes players whose careers totaled more than two decades, and explains the extremely short tenures of some other athletes—including those whose careers were cut short by tragedy.

Brother Bloss looks at every Rookie of the Year, and provides statistics on each players' initial major league season and subsequent career achievements. With interviews of nearly 70 baseball personalities for this book, and more than 50 players' photos, *Rookies of the Year* is an indispensable guide to some of baseball's greatest athletes.

For more information about this book, visit http://www.temple.edu/tempress/titles/1716_reg.html.

Reaching the Heavens on Human Wings

By E. SCOTT THOMPSON, II,
Southern Mississippi '99

Over 500 years ago, Leonardo Da Vinci took a cue from the Ancient Greek story of Icarus when he drew up the schematic of the ornithopter. An ornithopter is an aircraft that derives all of its thrust and nearly all of its lift from flapping wings. While his model does not fly, it does represent a marvel in engineering, one that comes close to maximizing the energy a human can generate. In the half millennium since Da Vinci's design, many have attempted to build an ornithopter. None has led to human-sustained flight. The closest came in the 1920s and it was towed aloft and released.

Brother **M. Adam Kushabi, Illinois Tech '93**, CEO of Volo Libero, Inc., is working with the Project Ornithopter team at the University of Toronto to create the first-ever ready-flapping wing aircraft. Test flights are scheduled in mid-July.

Adam lives in Toronto and became involved with the project one day while visiting the Airspace Museum. He learned of Jim DeLaurier's project by seeing a flyer posted near the replica of Da Vinci's ornithopter. After joining



Da Vinci's original model

the team, Adam was placed in charge of public relations and fund raising for the team. There have been several interviews and

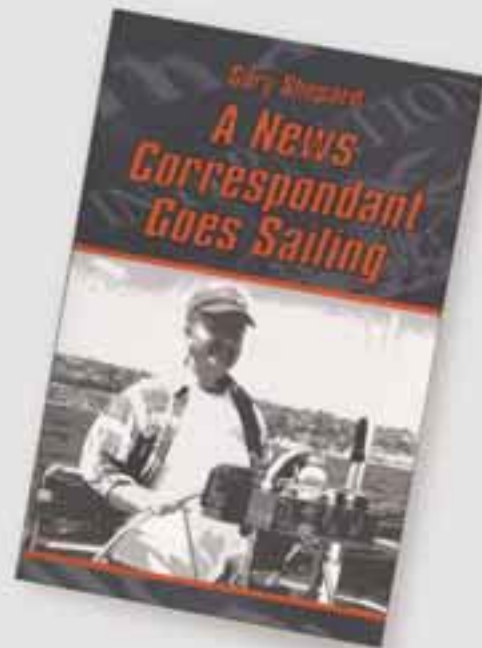
promotional spots for the project, including a spot on the show *The Daily Planet* on the Discovery Channel.

Project Ornithopter's goal is to create a fully operational ornithopter to showcase at a future Olympic Games. The Olympics symbolize youth, athleticism and the indomitable human spirit. His team feels that flying the ornithopter during the opening ceremony of the Olympics would be a fitting way to realize the dream of Da Vinci.

Learn more about Project Ornithopter by visiting www.ornithopter.info.



Ornithopter readies for takeoff



Former National Director and ABC News Correspondent Writes about His Career

In 1997, **Gary Shepard, Boston '61**, took a seven-month sailing trip from Marina Del Rey, California, to St. Thomas, U.S. Virgin Islands, and his 5,000 mile trip is documented in *A News Correspondent Goes Sailing*. In each chapter of the book, Brother Shepard reminisces about the major news stories he covered while working for ABC Network News. He recalls such news assignments as the student rebellion in Beijing, China; the Vietnam War; President George H.W. Bush's drug war meeting with heads of state in Cartagena, Colombia; the nuclear accident at Three Mile Island, Pennsylvania; the young California gray whales trapped in the ice off Barrow, Alaska; and the first Persian Gulf War from Baghdad, Iraq. He was the first news correspondent to report the start of the 1991 Persian Gulf War directly from Baghdad, and Brother Shepard won an Emmy Award from the National Academy of Television Arts and Sciences for his live reporting from the Iraqi capital. Brother Shepard served on the National Board of Directors from 1993-1999.

To learn more about his book, visit www.publishamerica.com.



SigEp Fantasy Football Winners

L-R: Director of the Balanced Man Initiative David J. Graziano, St. John's '03, Brett Promisel, Washington U. in St. Louis '92, and Seth Promisel, Washington U. in St. Louis '96. Seth won a football autographed by Rich Gannon, Delaware '87 as part of SigEp's fantasy football league.

Iowa State Alumnus Writes on Avoiding Business Disasters; Chapter Brothers Edit

Writing a business book can be a challenge. “I needed some help,” **Gary Sutton, Iowa State ’64**, said, “so I asked several chapter brothers to read the first draft and criticize this book.”

The book, *CORPORATE CANARIES...Avoid Business Disasters with A Coalminer’s Secrets*, will be placed in the front of Barnes & Noble outlets this September, October and November. Amazon.com, Waldenbooks, Borders, and most independent bookstores, will stock it beginning in late September. The book tells employees how to detect trouble in their organization.

“This is probably the only book ever that has five SigEps mentioned on the cover and inside front pages,” Sutton said. “Their comments are excerpted there.”

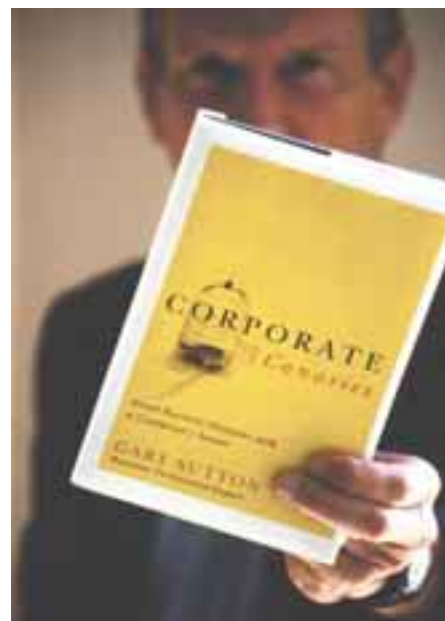
Those other Iowa State SigEps in the book are **Bob Bartley, ’59**, formerly Editor of The Wall Street Journal, Pulitzer Prize winner and recipient of the American Medal of Freedom from President Bush. **John Hanson, ’65**, retired CEO of Winnebago Industries, also comments inside the book. **Don Drobny, ’65**, once division President of EDS and a founding partner of Perot Systems, added his thoughts. **Carl Vanderwilt, ’64**, retired EVP and CFO of the Federal Reserve Bank in Chicago, made a point as well.

“Not a half-bad group of SigEps,” Sutton said. “I was fortunate to be among them.”

Sutton was a turn-around CEO for the last three decades. In that role, he took control of troubled printing, software, retail advertising, aerospace, garbage, burglar alarm and data storage businesses.

“I even chaired a troubled college once,” he said. “These experiences gave me a perspective on how organizations mess up. Employees want to understand that. Maybe this book will help; we shall see.”

Sutton received a BS from Iowa State University, is an OPM alumnus of the Harvard Graduate School of Business and took postgrad work at Oxford. His wife Nancy was voted SigEp Sweetheart in 1964. They reside in La Jolla, California.



Orange County Alumni Association Inaugural Event

The Orange County Alumni Association hosted its inaugural golf tournament on April 2, 2005, at Willowick Golf Course in Santa Ana, California. The event brought together local SigEp alumni for a day on the greens. Awards were given to **Dave Mears, Davis & Elkins ’57**, and **Steve Rhee, California-Irvine ’99**, for best overall performance.

The Orange County Alumni Association formed last year with the intention of connecting the 1,400 local SigEp alumni. It plans to host quarterly events throughout the year. The mission of the association is to reconnect old friends, communicate and network with local alumni, and create volunteer opportunities.

The Orange County Alumni Association extends this invitation to get connected with other local SigEps. Additional information can be found at www.sigepuci.com. If you have questions, email **Gary Waller, Sacramento State ’00**, at gary@garywaller.net.

2005 Paris Marathon Sound Body for Alumni

Two alumni, a National Director and four members of the SigEp Headquarters Staff participated in the 2005 Paris Marathon. L-R: David M. McLaughlin, Minnesota ’92; Director of the Balanced Man Initiative David J. Graziano, St. John’s ’03; Director of Residential Life Bayard V. Gennert, Case Western ’02; Director of New Chapter Development Jason A. Cherish, St. Louis U. ’03; National Director Jeffrey D. Prouty, Iowa State ’78; and Erin D. Mullally, Michigan State ’99.



“Nothing great will ever be achieved without great men, and men are great only if they are determined to be so.”

—Charles De Gaulle

Past Grand President is Two-Time President of IMCA

BY **BAYARD V. GENNERT**,
Case Western '02

In January, Past Grand President and Order of the Golden Heart recipient **Norman E. Nabhan, Purdue '72**, was re-elected as President of the Investment Management Consultants Association (IMCA).

IMCA promotes professional education and practice standards for investment consultants and awards the Certified Investment Management Analyst (CIMA) designation to qualified consultants. With more than 5,000 members in the United States and abroad, IMCA sponsors five regional and two national conferences each year, monitors legislation of importance to the investment consulting profession and publishes the Monitor newsletter and the Journal of Investment Consulting.

Brother Nabhan is the Managing Director of Smith Barney and National

Director of its Consulting Group. The Consulting Group provides investment management consulting services to pension funds, foundations and high net worth individuals. It advises to over \$250 billion dollars in assets and its 2004 revenues will exceed \$1.4 billion dollars. He has been appointed to the Alternative Investment Advisory Board of the Purdue Endowment and co-chaired the symposium on "Contemporary Issues for Foundations and Endowments" at the Indiana University Center for Philanthropy.

He and his wife, Karyn, live in West Chester, Pennsylvania.



Norman E. Nabhan, Purdue '72

Yale SigEp Launches Company to Battle Obesity

Charter member and 2004 Tragos Quest to Greece Scholar **Jacob V.O. Mullins '05**, co-founded Hoodia Products, LLC which manufactures a pill form of the hoodia gordonii plant. The plant works as an appetite suppressant, and African tribes in the Kalihari Desert used the plant for centuries to stave of hunger during long hunting trips.

Recently the company merged with Aquagen International, Inc., and went public. Its ticker symbol is AQGL.

Brother Mullins was the chapter's first recruitment chair and was captain of the polo team. In his senior year he launched his company, planned the chapter's chartering banquet and submitted its chartering petition all while graduating from Yale. If you want something done, give it to a busy man!



Arizona State Alumni View the Past and the Future

Over 80 Arizona Alpha brothers—from 1950s graduates to the current SEC undergraduates—gathered at the Mission Palms Hotel Courtyard, in Tempe, for a Spring Alumni Reception on April 16, 2005. The composite photos of Arizona Alpha classes from the past, displayed around the courtyard, attracted a lot of attention, as did the drawings of the Arizona State Campus Redevelopment Plan. Still in the early conceptual stages, the plan, modeled on the Greek project at San Diego State University, calls for high-density fraternity housing. Other hot conversation topics between alumni and undergraduates: The Balanced Man Program, the chapter's recent return to campus, and the state of the chapter house.

The Arizona Alpha Alumni and Volunteer Corporation (AVC) and the SEC are committed to hosting at least one large alumni event like this one each semester. Last December they had a Holiday Luncheon for 50 alumni, students, and guests. This fall an event is planned before the ASU-USC football



Arizona Alpha SEC members, from left, Cameron Stephens '05, Aaron Banda '06 Aaron Hicks '07, and Mike Ellch '06 check out the composite photos for the Class of 1977 at the Spring Alumni Reception.

game on October 1. AVC President **Robert Schadler, U. of Houston '97** says, "These events provide an opportunity for alumni to meet old

friends and make new ones, and for the undergraduates to better understand and appreciate the bond among SigEp brothers of all ages."

2005 Scripps National Spelling Bee

The Sigma Phi Epsilon Educational Foundation has developed a partnership with the Scripps National Spelling Bee to identify the Classical Greek philosophy of Sound Mind in Sound Body, the Balanced Man, with the outstanding young students who participate in the Bee.

The National Spelling Bee seeks to, “help students improve their spelling, increase their vocabularies, learn concepts, and develop correct English usage that will help them all their lives.”

Many English words are derived from the Greek language, and the Balanced Man Ideal, itself an expression of Classical Greek Philosophy, is a perfect reflection of the purpose of the Bee.

Regional Bee winners came to the Grand Hyatt Hotel in Washington, DC to compete in the championship rounds held on June 1-2. The finals are broadcast live by ESPN on June 2, and were rebroadcast on ESPN2 throughout the month of June. More than 273 regional champions came from across the world to compete.

The Champion of the 2005 Bee is Anurag Kashyap, an eighth grader from Poway, California, near San Diego.

Prize sponsors for the Bee include Encyclopedia Britannica, Merriam-Webster, Franklin Electronic Publishers, Leapfrog, the E.W. Scripps Company and the Sigma Phi Epsilon Educational Foundation. The event is covered by every major newspaper and web site in the world. **Sigma Phi Epsilon's participation sends a clear message to the world that this Fraternity is different.**

Sigma Phi Epsilon Director of Operations **Christopher T. Minnis** participated in the Spelling Bee Awards Dinner on June 3, presenting Anurag with a Sigma Phi Epsilon Educational Foundation \$5,000 college scholarship.

L-R: Director of Operations Christopher T. Minnis, Truman State '00 congratulates Anurag at the Spelling Bee Awards Dinner.





From the State House, to the White House, to the SigEp House!

Anurag has been a busy young man since being named Champion Speller. He has visited California Governor Arnold Schwarzenegger and President George W. Bush. On Friday, August 12 he was in Nashville, Tennessee with more than 1,300 SigEp Brothers to be recognized during the Sigma Phi Epsilon Educational Foundation Conclave Luncheon.

Sigma Phi Epsilon takes pride in being a partner with the Scripps National Spelling Bee to recognize young people who are striving for a Balanced Life.

Sigma Phi Epsilon's participation in the Spelling Bee sends a clear message to the world that this Fraternity is different.

RUSH

Conclave Rush starts in early in the year. You can feel it when the staff starts to talk about their plans, volunteers start to email, the phones start ringing, and undergrads start asking about cheap airfares or how many people you can cram into a Saturn.

It's a great feeling.

The enthusiasm, the pride, the excitement of being a SigEp and participating in the world's largest Fraternity gathering is exhilarating. The emotion is contagious and something you want to share with everyone.

I thank **Chuck White** for sharing that emotion with me.

Somehow Chuck convinced me to attend my first Conclave in 1991. Up until then, I had little knowledge of or interest in "Nationals" and no exposure to today's SigEps. I was in shock.

Every stereotype I held of today's college student was thrown out the window. These weren't obnoxious frat boys; these were young fraternity men with plans, purpose, and manners. Some even called me "sir." Which I guess, from their perspective, was meant as a good thing.

I was hooked.

I couldn't believe the development of the SigEp leadership programs, the growth in size and chapters, the professionalism of the staff and volunteers. I was overwhelmed by the emphasis on academics, the concern about others, and the desire to be the best.

It was a long way from what I had left behind when I traded in my Fraternity pin for my Lieutenants bars.

And yes, I was hooked.

In hindsight, I now know that Chuck's insistence was no accident. Long ago he realized that re-engaging wayward alumni was easy if he could only get them to attend Conclave. He's right.

So let me be upfront, and say the same thing.



Garry C. Kief, Chairman of the Board of Trustees

If you're an undergraduate and wants to get a handle on how big this whole thing really is; come to Conclave.

If you're a volunteer and sometime question why you keep giving up all those nights and hours; come to Conclave.

And if you're an alum who doubts that a fraternity really can be a hope for the future; come to Conclave.

But be warned.

You'll be hooked.

You'll return home exhilarated and eager to tell your family and friends about your discovery.

You'll be charged up and anxious to dig in and help SigEp achieve its goals.

And you'll be filled with anticipation as you wait for the Conclave Rush to start all over again.

I hope you can attend in 2007. Both for yourself; and for your Fraternity.

And in the meantime, I hope you can experience that same sensation by being involved with your local chapter, participating at EDGE, the Carlson's, Ruck, and the Tragos Quest to Greece.

All of these great leadership programs reinforce the SigEp Experience and are vital to maintaining our ability to develop world leaders. And all of them need you to make them happen.

See you there —

Garry

The following is a listing of SigEps who have passed away in recent months. It is our chance to remember those brothers who, through their death, have reminded us that life is transitory.

Our lives contain opportunities to grow and better ourselves and those around us. As SigEps, we are called to make the most of these precious moments; for once gone, their opportunities are beyond recall.

In the ceremony installing new officers, it says, "Well done, thou good and faithful servant; thou hast been faithful over a few things: I shall make you a ruler over many things."

Alumni

John F. Andesen,
Nebraska '50

Daryl Becker,
Kansas State '93

David A. Boore
Penn State '42

Gary W. Brindley,
Auburn '56

Ben W. Drew, Jr.,
Dartmouth '59

Jason T. Dunn,
Clarkson '04

Oakley J. Graham
U. of Richmond '44

Arthur P. Kraus,
Washington State '39

James P. Cobb,
Kansas '71

Carlton T. Dodge,
Syracuse '42

Ronald A. Hasse,
Indiana '74

Noah Harris,
Georgia '04

James E. Hill,
Oregon State '40

Bob Johnson,
Elon '76

Thomas J. Kaiser,
Washington U. in St.
Louis '55

Marion Klein,
Northern Colorado '54

Eric J. Layer,
Elon '75

Jacob Pfister,
U. of Buffalo '99

"It is not
living that is
important,
but living
rightly."

—Socrates

Oscar M. Reubhausen,
Dartmouth '33

Kurt J. Strobl,
Stephen F. Austin '93

Undergraduates

Brandon J. Butler,
Kent State '08

Eric A. Citino,
Kent State '08

Samuel P. Massey,
UCLA '06

SigEps in Active Duty

Stories continue to reach Richmond of SigEps either currently serving overseas or recently finishing their tour of duty. Here is a brief listing of brothers, including, in bold print, two who made the ultimate sacrifice.

Joshua M. Barhorst,
Ohio Northern '97

Ryan S. Bible,
Ohio Northern '96

Roger Curb,
Texas-El Paso '04

Joel E. Fix, Sr.,
Missouri-Kansas City '01

Timothy D. Forrest,
Jacksonville State '92

Gerard M. Garvey,
Seton Hall '90

Eric R. Hamilton,
Buffalo State '03

Zeffen P. Hardin,
Texas-El Paso '06

Noah Harris,
Georgia '04

Nathan L. Ibero,
Buffalo State '05

Brian S. Murray,
U. of Dayton '02

Jake Pfister,
U. of Buffalo '99

Charles C. Prevatte, Jr.,
Jacksonville State '91

Richard W. Schmidt,
Southeast Missouri State '79

Robert F. Sciria,
Buffalo State '04

Scott D. Shapansky,
Texas Christian '05

Gregg A. Sturdevant,
Southeast Missouri State '82

Linus A. Thuston,
Washburn '92

Robert Walker,
Southern Illinois-
Carbondale '00

T. Weber,
Ohio '07

Introducing... the *new* SigEp Brotherhood Ring!



Style #1901

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*S*urely to become among the most readily recognized rings in the Greek world, this subtle yet distinctive ring is expertly cast in your choice of solid 10K yellow gold, 10K white gold, or genuine sterling silver. You may engrave the inside of this finely tapered and comfortable ring with up to 3 initials at no extra charge; longer inscriptions of up to 10 characters are just \$5.00 additional.



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Herff Jones Legacy Division, 226 Public Street, Providence, RI 02940

South Carolina Launches \$1 Million Campaign to Build a Residential Learning Community

Think back to your days at South Carolina. Do you remember living in the residence hall on campus and longing to have a fraternity house to call home? Now, think about how much you learned outside of the classroom. Didn't you grow and develop more than sitting in a lecture hall? What if you could bring these two concepts together to recreate a living-learning environment? A unique opportunity exists for you to bring this vision to life.

After years of waiting, South Carolina will have a new SigEp home, and it will be more than a fraternity house. It will be a Residential Learning Community (RLC). This accredited program is based on the residential college concept, where a Faculty Fellow has an office inside of the chapter house. The goal is not to make sure you are doing your homework, but to provide one-on-one interaction, something that most college students never receive, to our undergraduate brothers.

"The academic, residential and fraternal experience will come together in our new RLC," explained **Pete Pantsari, '70**, President of the Alumni and Volunteer Corporation (AVC). This is a modern, 14,500 square foot facility accommodating 44 brothers in two-man suites. There will be a space for a professor to have office hours. In addition, there are apartments for a live-in Resident Scholar and a Housemother.

The SigEp National Housing Corporation (NHC) has been integral to the design process. The NHC and AVC are working closely with local financial institutions to secure the construction and permanent loan financing needed to build the \$3 million facility. Omega Financial, Inc., is serving as

fund-raising counsel as the alumni work to raise \$1 million for the project.

"Support has been outstanding," said National Campaign Chairman **McRae "Mac" Johnston, '75**. "Our alumni brothers have waited for years to build a SigEp home at USC, and they are responding very generously."

More than \$500,000 has already been raised, including two lead gifts of \$100,000 each by Johnston and National Campaign Vice Chairman **John L. "Jack" Sunday, '71**. A committed team of alumni volunteers, with the advice and counsel of Omega Financial, is working hard to raise the remaining funds to reach the \$1 million mark.

Construction of the facility is on schedule to launch by October, 2005. Once complete, the new home will be a permanent representation of the strength, excellence, dedication and resilience the men of South Carolina Alpha have demonstrated for more than 100 years.

Project Highlights

- 14,510 square feet
- Sleeps 44 brothers
- Resident Scholar's suite
- Housemother's suite
- Residential Learning Community
- Dining room for 72
- Recreation/TV room
- Library
- Office for professor

To learn more about the new South Carolina Alpha Residential Learning Community and \$1 million capital campaign, visit

<http://www.uscsigep.com>

or contact

alumniservices@omegafi.com
or 1-800-955-ALUM (2586).



Sigma Phi Epsilon Alumni Association

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